Sulfuric acid/methanol extraction for FAMES:

1. Place single seed in a glass screw top tube.

2. Add .5 ml 2.5% sulfuric acid in MeOH

3. Squish seed with glass rod.

4. Heat at 90 C, 30 min.

5. Cool

6. Add .5 ml H20 and .7 ml heptane.

7. Shake well.

8. Spin in clinical centrifuge 1 min.

9. Take top layer, put in glass autosampler vial.

Analyze on GC