A Quick Look at Your Next Steps

Assess Yourself

Discover Your Interests, Skills and Values
Before exploring majors and careers, identify your interests, skills and values. Make decisions based upon that knowledge. Your best options for majors and careers are where your interests, skills and values meet.

Utilize Career Assessments
While an assessment does not give you one right answer, it can help you gain insight into how your interests and skills match majors and careers. Meet with a career advisor to consider available assessments and to discuss your results.

Campbell Interest and Skill Survey
Measures your skills and interests, and compares them to professionals in a wide variety of careers.

Strong Interest Inventory
Measures your interests and provides a profile guiding you to related academic majors, careers and activities.

Career Cruising
Provides profiles of hundreds of careers as well as basic assessment. Call Career Services for the username and password.

My Next Move
Provides a keyword and industry search for career information. A short assessment identifies careers that match your interests.

Meet with faculty and Academic Advisors in areas of academic interest. Conduct informational interviews or shadow professionals in careers of interest. Gain experience through part-time jobs, internships or volunteering.
Explore Majors and Careers

Web Resources

The *Explore Majors and Careers* section on the Career Services website offers a wide range of resources about academic majors and career paths. This includes several resources specific to UNL majors.

The *Career Guide to UNL Majors* on the Career Services website has information on internships, jobs, and advanced education of recent UNL graduates in specific majors.

The *Undergraduate Bulletin* provides information on all programs of undergraduate study at UNL, including requirements and course descriptions.

---

Take advantage of available resources.

---

Explore Center (Exploratory and Pre-Professional Advising Center)

The Explore Center is the advising home for students who are in the process of deciding on a major as well as students preparing for professional programs such as health and law schools.

Academic advisors in the Explore Center will help you identify courses appropriate for your interests, including courses for the University-wide general education program known as ACE – Achievement Centered Education.

EDPS 150

Educational Psychology 150 is a 1-credit career development course focused on discovering your interests, skills and values, as well as academic and career information. The assignments include self-directed major and career exploration activities.

Exploration Courses

UNL offers courses to help you explore your interest in a particular academic area. Talk with your academic advisor about courses that appeal to you and fit into the academic program(s) you are considering. Visit [explorecenter.unl.edu/success/courses](explorecenter.unl.edu/success/courses) to learn more.

---

Relationships Between Majors and Careers

Some careers, like Education, Accounting and Nursing have specific academic requirements.

Some careers require skills and knowledge gained through a variety of majors. For example, students interested in Law or Medicine could major in Psychology, Business or Engineering.

explorecenter.unl.edu
Take Action

- Meet with a career advisor in Career Services.
- Complete an assessment to clarify your interests and skills.
- Browse the Explore Majors and Careers section of the Career Services website for a variety of helpful resources.
- Go to the Career Guide to UNL Majors for information on career and educational paths of recent UNL graduates and internships of UNL students.
- Research curriculum requirements and courses using the Undergraduate Bulletin and department websites.
- Meet with academic advisors, faculty and students in academic areas of interest to you.
- Take an exploration course in an area of interest. Visit explorecenter.unl.edu/success/courses to learn more.
- Get involved in student organizations related to academic or career interests. Visit involved.unl.edu to learn more.
- Take advantage of career-related part-time jobs, internships, volunteer activities or research opportunities.
- Conduct an informational interview with, or arrange to shadow, a professional in your career area of interest.

Husker Hire Link

Husker Hire Link is a free online resource where UNL students and alumni can connect with employers.

Our site allows you to:

- Post and send resumes to employers.
- Search jobs, internships and employers.
- Request on-campus interviews.
- Stay up-to-date on career opportunities.

unl.edu/careers/hhl

GET IN TOUCH

Walk-ins, weekdays 10 a.m. - 4 p.m.
By appointment, weekdays 8 a.m. - 5 p.m., scheduled by phone or via MyPLAN on Blackboard.

225 Nebraska Union
402.472.3145
unl.edu/careers

Additional Locations:
Career Services at CBA in CBA 138
Career Services East in 303 Nebraska East Union