Rating My Speech

Circle the number that best describes how you would rate your speech.

1. Most of the time my stuttering is:

1	2	3	4	5	6	7
Very mild						Very Severe

2. I think about my stuttering:

1	2	3	4	5	6	7
Not at all						All the time

3. I can use my targets to help me talk easier:

1	2	3	4	5	6	7
Not at all						All the time

4. My mom/dad think my stuttering is:

1	2	3	4	5	6	7
Very mild						Very Severe

5. Other people (outside my family) think that my stuttering is:

1	2	3	4	5	6	7
Very mild						Very Severe

6. How much <u>physical effort</u> does it take for you to talk?

1	2	3	4	5	6	7
No effort						Extreme effort

7. How much <u>mental effort</u> does it take for you to talk?

1	2	3	4	5	6	7
No effort						Extreme effort

8. When I talk at home, I am:

1	2	3	4	5	6	7
Very fluent						Stutter a lot

9. When I talk at school, I am:

1	2	3	4	5	6	7
Very fluent						Stutter a lot