

Worksheet 1: Mentor expectations

Adapted from Brainard, Harkus & George (1998)

Use this worksheet to identify what you expect to gain from your mentoring relationships. By clarifying your own expectations, you will be able to communicate them more effectively to your students. Add items you deem important.

I want to be a mentor because I want to:

- encourage and support a graduate student in my field
- establish close professional relationships
- challenge myself to achieve new goals and explore alternatives
- pass on knowledge
- create a network of talented people
- other _____

I hope my protégé and I will:

- tour my workplace/explore various teaching or work sites
- go to formal mentoring events together
- meet over coffee, lunch, or dinner
- go to educational events such as lectures, conferences, talks, or other university events together
- go to local, regional, and national professional meetings together
- other _____

I hope my protégé and I will discuss:

- academic subjects that will benefit his or her career
- career options and job preparation
- the realities of the workplace
- my work
- technical and related field issues
- how to network
- how to manage work and family life
- personal dreams and life circumstances
- other _____

The things I feel are off limits in my mentoring relationship include:

- disclosing our conversations to others
- meeting in non-public places
- sharing intimate aspects of our lives
- meeting behind closed doors
- other _____

I will help my protégé with job opportunities by:

- finding job or internship possibilities in my department, center, lab or company
- introducing my protégé to people who might be interested in hiring him or her
- helping my protégé practice for job interviews
- suggesting potential work contacts to pursue
- teaching about networking
- critiquing his or her resumé or curriculum vitae
- other _____

The amount of time I can spend with my protégé is likely to be, on average:

1 2 3 4 hours each *week*/ every *other week*/ per *month* (circle one)