

# Internet Resources for Eating Disorder and Health Information

## Web Sites with Eating Disorder Information:

Academy for Eating Disorders  
[www.acadeatdis.org](http://www.acadeatdis.org)

Anorexia Nervosa and Related Eating Disorders, Inc. (ANRED)  
[www.anred.com](http://www.anred.com)

Dads and Daughters  
[www.dadsanddaughters.org](http://www.dadsanddaughters.org)

Eating Disorder Awareness and Prevention  
[www.edap.org](http://www.edap.org)

Eating Disorders Association Resource Centre  
[www.uq.net.au/eda/documents/start.html](http://www.uq.net.au/eda/documents/start.html)

European Council on Eating Disorders  
[www.psychtc.org/eat\\_d/eced/default.htm](http://www.psychtc.org/eat_d/eced/default.htm)

Gurze Books  
[www.gurze.com](http://www.gurze.com)

Lifetime Online  
[www.lifetimetv.com](http://www.lifetimetv.com)

Males and Eating Disorders  
[www.edap.org/men.html](http://www.edap.org/men.html)

National Anorexia and Bulimia Association  
[www.NABassociation.org](http://www.NABassociation.org)

National Association of Anorexia Nervosa and Associated Disorders (ANAD)  
[www.anad.org/](http://www.anad.org/)

National Eating Disorder Information Center  
[www.nedic.on.ca](http://www.nedic.on.ca)

National Institute of Mental Health (NIMH)  
[www.nimh.nih.gov](http://www.nimh.nih.gov)

New York Online Access to Health (NOAH), web page on eating disorders  
[www.noah.cuny.edu/wellconn/eatdisorders.html](http://www.noah.cuny.edu/wellconn/eatdisorders.html)

Something Fishy  
[www.something-fishy.org/](http://www.something-fishy.org/)

Sports, Cardiovascular and Wellness Nutritionists  
[www.nutrifit.org/nutrition\\_information/eating\\_disorders/index.htm](http://www.nutrifit.org/nutrition_information/eating_disorders/index.htm)

## **Body Image/Media/Support Healthy Weight**

About Face

[www.about-face.org](http://www.about-face.org)

Body Icon

<http://nm-server.jrn.columbia.edu/projects/masters/bodyimage/index3.html>

Body Positive

[www.bodypositive.com](http://www.bodypositive.com)

FED-UP

[www.geocities.com/f\\_e\\_d\\_u\\_p](http://www.geocities.com/f_e_d_u_p)

HUGS International

[www.hugs.com](http://www.hugs.com)

Mirror, Mirror

[www.mirror-mirror.org/eatdis.htm](http://www.mirror-mirror.org/eatdis.htm)

National Association to Advance Fat Acceptance

[www.naafa.org](http://www.naafa.org)

One Angry Girl Designs

[www.oneangrygirl.net](http://www.oneangrygirl.net)

Overcoming Overeating

[www.overcomingovereating.com/index.html](http://www.overcomingovereating.com/index.html)

Radiance

[www.radiancemagazine.com](http://www.radiancemagazine.com)

## **Muscle Dysmorphia**

<http://www.psych.org/pnews/98-02-06/body2.html>

<http://more.abcnews.go.com/sections/living/muscles1121>

<http://www.anred.com/musdys.html>

[www.adoniscomplex.com](http://www.adoniscomplex.com)