

## WEB Sites To Go

### Helpful Web Sites (General Medical)

American Diabetes Association  
[www.diabetes.org](http://www.diabetes.org)

Centers for Disease Control and Prevention  
<http://www.cdc.gov>

FDA Center for Food Safety & Applied Nutrition  
<http://vm.cfsan.fda.gov/>

Government Healthfinder  
[www.healthfinder.gov](http://www.healthfinder.gov)

HealthGate  
[www.healthgate.com/HealthGate/MEDLINE/search.shtml](http://www.healthgate.com/HealthGate/MEDLINE/search.shtml)

Johns Hopkins Medical Institutions  
[www.cwis.welch.jhu.edu](http://www.cwis.welch.jhu.edu)

Mayo Health Oasis (of the Mayo Clinic)  
<http://www.mayohealth.org>

Medline  
[www.nlm.nih.gov/databases/freemedl.html](http://www.nlm.nih.gov/databases/freemedl.html)

Menninger Clinic  
[www.menninger.edu](http://www.menninger.edu)

National Institutes of Health  
[www.nih.gov](http://www.nih.gov)

National Library of Medicine  
[www.nlm.nih.gov](http://www.nlm.nih.gov)

Physicians Online  
[www.po.com/Welcome.html](http://www.po.com/Welcome.html)

U.S. Food and Drug Administration  
<http://vm.dfsan.fda.gov>

University of Michigan Medical Center  
[www.med.umich.edu](http://www.med.umich.edu)

University of Wisconsin, Infolink  
[www.biostat.wisc.edu](http://www.biostat.wisc.edu)

World Health Organization  
[www.who.int](http://www.who.int)

### **Nutrition, general**

American Dietetic Association  
[www.eatright.org](http://www.eatright.org)

Arbor Nutrition Guide  
<http://arbor.com>

Ask The Dietitian  
<http://www.dietitian.com/index.html>

Dairy Council of California  
[www.dairycouncilofca.org](http://www.dairycouncilofca.org)

Food & Agriculture Organization  
[www.fao.org](http://www.fao.org)

International food Information Council Foundation  
<http://ificinfo.health.org>

Rick Hall  
<http://nutrition.miningco.com>

Tufts University Nutrition Navigator  
<http://navigator.tufts.edu>

### **Nutrition, sports**

Julie Burns  
[www.sportfuel.com](http://www.sportfuel.com)

Matt Samuals, R.D.  
<http://rampages.onramp.net/~msam/index.html>

Montana State University Outreach  
<http://btc.montana.edu/olympics/>

### **Herbs**

American Botanical Council  
[www.herbalgram.org](http://www.herbalgram.org)

HerbMed

[www.amfoundation.org/herbmed.htm](http://www.amfoundation.org/herbmed.htm)

Herb research foundation

[www.herbs.org](http://www.herbs.org)

Longwood Herbal Task Force

[www.mcp.edu/herbal](http://www.mcp.edu/herbal)

### **Fad Diets**

Vegetarian Resource Group

[www.vegsources.org/klaper/diet.htm](http://www.vegsources.org/klaper/diet.htm)

Wheat Foods Council

[www.wheatfoods.org](http://www.wheatfoods.org)

### **Other**

Consumer Lab

[www.consumerlab.com](http://www.consumerlab.com)

Quackwatch

[www.quackwatch.com](http://www.quackwatch.com)

Supplementwatch

[www.supplementwatch.com](http://www.supplementwatch.com)

updated May 2003/Other Helpful Websites