

**EXCHANGE STUDENT INFORMATION**  
**University of Nebraska-Lincoln**  
**2009-2010 Academic Year**

**COORDINATING OFFICE:** Student exchange programs between the University of Nebraska-Lincoln (UNL) and other institutions outside of the United States are coordinated by International Affairs (IA). All correspondence and required documents to be submitted should be sent to this office. IA will forward them to the appropriate destinations. Correspondence and inquiries about your program should be addressed to:

Sarah Barr	Office phone:	(402) 472-5358
Chad Novacek	Office fax:	(402) 472-5383
Megan Anderson	E-mail:	<a href="mailto:sbarr2@unl.edu">sbarr2@unl.edu</a>
Advisor of Study Abroad and Exchange Programs		<a href="mailto:cnovacek2@unl.edu">cnovacek2@unl.edu</a>
Office of International Affairs		<a href="mailto:manderson10@unl.edu">manderson10@unl.edu</a>
420 University Terrace	Office hours:	
Lincoln, NE 68588-0682		8:00 am - 5:00 pm Monday - Friday
U.S.A.	WWW:	<a href="http://www.unl.edu/iaffairs">http://www.unl.edu/iaffairs</a>

Other persons with whom students will be working upon arrival in Lincoln:

Stephen Mattos - International Student and Scholar Advisor  
Kathy Singh - International Student and Scholar Advisor  
Karen Cagley - Director, International Student and Scholar Services  
Christa Joy - Director of Study Abroad Programs

**VISA INFORMATION and USE OF THE DS-2019:** As an exchange student you will be issued a J-1 visa for the period covering your exchange. To obtain this visa, use the Form DS-2019 which has been prepared for you by UNL. Please read the instructions regarding its use (see page 4 of this information) and also note the conditions of the J-1 visa printed on the back of Form DS-2019. **In order to maintain their status for immigration purposes, students must be enrolled full-time (12-15 undergraduate hours; 9-12 graduate hours).**

**ACADEMIC CALENDAR 2009-2010:**

<b>Fall Semester:</b>		<b>Spring Semester:</b>	
Orientation begins:	August 20, 2009	Orientation begins:	January 7, 2010
English Placement exam:	TBA	English Placement exam:	TBA
Classes begin:	August 24, 2009	Classes begin:	January 11, 2010
Labor Day:	September 7, 2009	Martin Luther King, Jr. Day:	January 18, 2010
Semester Break:	October 19 - 20, 2009	Spring Break:	March 14 - 21, 2010
Thanksgiving Break:	November 25 - 29, 2009	Classes End:	May 1, 2010
Classes end:	December 12, 2009	Final Exams	May 3 - 7, 2010
Final Exams:	December 14 - 18, 2009		

(Exchange students **ARE** expected to take final exams.)

Commencement:	December 19, 2009	Commencement:	May 8, 2010 ___
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**OFFICIAL ARRIVAL DATES:**

Fall Semester 2009: August 19, 2009

Spring Semester 2010: January 6, 2010

**Early arrival:** Temporary accommodations, only for those planning on living in the residence halls, are available in UNL Residence Halls for students arriving before the official check-in date. However, these arrangements must be made before arrival. The cost for temporary housing is approximately \$19 per night for a double occupancy room, and \$38 for a single occupancy room (does not include food). IA will assist you in arranging temporary housing in UNL Residence Halls if it is available. Please see "Housing Information" for further details.

**ORIENTATION PROGRAM:** Orientation will begin on August 20, 2009, for the Fall semester and January 7, 2010, for the Spring semester. This **mandatory** orientation includes: 1) English placement examination\*; 2) orientation workshops; 3) undergraduate and graduate advising; 4) registration/enrollment; 5) seminars in cultural adjustment, visa regulations, studying in the U.S., study skills, library and computing resources, college tours; and 6) social activities.  
**\*Students whose first language is English are exempt from the English exam.**

**TRANSPORTATION AND ARRIVAL:**

Please inform International Affairs of your travel itinerary and expected arrival in Lincoln. Include your arrival date, time, airline, and flight number. You will be met at the airport if you complete the on-line request.

<http://admissions.unl.edu/international/travel.asp>

**Official Arrival Dates:**

Fall Semester 2009: August 19, 2009

Spring Semester 2010: January 6, 2010

**Arrival by Plane:**

**Lincoln:** Lincoln Municipal Airport -- Airlines serving Lincoln are United Express (connects with Chicago) and Mesaba/Northwest AirlinK (connects with Minneapolis). Students who wish to be picked up at the airport should make arrangements in advance of their arrival by completing the airport pickup request form (see below).

**Airport Pick-up**

The university offers airport pickup for new international students. Complete the on-line form with your flight arrival details.

<http://admissions.unl.edu/international/travel.asp>

**Omaha:** Eppley Airport -- Omaha, which is about 55 miles from Lincoln, is served by several major airlines; however, ground transportation from Omaha to Lincoln must be arranged. Students **will not be met** at the airport in Omaha. Students arriving in Omaha may take one of two van shuttle services to Lincoln and UNL:

- 1) The "Eppley Express" will take students to the Lincoln airport where they will be picked up (if arrangements are made). Reservations are required. They can be made online at: <http://www.eppleyexpress.com>.
- 2) Another option for shuttle service is "OMALINK." This service will take students to one of several hotels in Lincoln, or to the Student Union on the UNL campus. Reservations are also required and can be made online at <http://www.omalink.com/>.

**For students who arrive after hours and who have not made prior arrangements to be met:**

If you arrive in Lincoln and have NOT made prior arrangements to be picked up, take a taxi directly to the University. If you also have not made prior arrangements for early arrival in university residence halls for temporary accommodation, you should plan to stay the night in a hotel at your own expense. A few suggestions are as follows:

At the Lincoln airport: Best Western Airport Inn, Airport Interchange and Highway I-80.  
(402) 475-9541. Free airport shuttle.

Downtown Lincoln (arrival by bus or train): The Holiday Inn, 141 North 9<sup>th</sup> Street,(402) 475-4011; about 5 blocks from UNL. Airport transfer is available.

At the Omaha airport: The Ramada Inn, Omaha airport, (800) 272-6232; about 50 miles from UNL. See arrival notes about Omaha.

**HOUSING INFORMATION:** Housing will be reserved for you only if you complete a housing contract. **After** accepted for admission, all students must contact UNL Housing directly at [housing@unl.edu](mailto:housing@unl.edu) to complete a housing contract. Selleck, Husker and Fedde Halls remain open during University breaks (closedown) times. The cost for staying in these halls is slightly more expensive than the other residence halls. You must have a valid contract and paid the \$400 advance payment before you can move into the halls.

Housing (double-occupancy) will be a room in one of the student residence halls located on campus close to classrooms and library. Single rooms are sometimes available at an additional cost to the student of about \$800/year; a single room cannot be guaranteed. Each floor has bathrooms which are shared by the residents on the floor. There are several toilets, wash basins, and showers in the bathroom area. A kitchen for students' use is located in Selleck, but usually is not used for regular meal preparation (see meals). Laundry facilities (washers and dryers) are available in each hall. Linen service, blankets and towels are not provided.

If housing costs are included in your program fee, housing benefits begin on August 20, 2009, for Fall and January 8, 2010, for Spring. Students who pay for their own accommodations should note that the orientation period is **NOT** considered as part of the regular housing contract. Accommodation prior to and during this time is \$19.00 per night for a double and \$38.00 for a single and does not include food.

**MEALS:** Students may choose between a 5-day (Monday - Friday) or a 7-day (Monday - Sunday) unlimited access meal plan during the semester. However, during the orientation and Break (closedown) periods, although the residence halls remain open, meals are not provided. Meals can be purchased in nearby restaurants. A meal ticket and/or stipend for orientation and UNL Break periods will be provided for students on exchanges where housing is included. Students on programs where housing is not included have the option of purchasing meal tickets. These are available only in the interim period between the end of summer and the beginning of fall.

**HEALTH MATTERS:** Health and accident insurance is required. UNL requires ALL international students to have health insurance that is comparable to the UNL student insurance. Refer to the UNL website for more information about those requirements: <http://health.unl.edu/insurance/benefits/>  
If a student is covered by a private insurance company, an insurance waiver must be signed within the first two weeks of each semester of attendance.

All UNL students are required to document measles (Rubella) immunization and Tuberculosis test. Refer to the Immunization Record included in this packet of information for the exact guidelines and requirements.

**ACADEMIC MATTERS:** All courses are open to exchange participants, but access to some courses may be limited because of high demand, e.g. Business, Marketing, Management. *You are strongly encouraged to submit your course requests as early as possible before your arrival.* Every effort will be made to register you in the courses which you require. If necessary, you will be able to change your courses upon arrival. The exchange program benefits will cover the cost of full-time tuition for 12-15 undergraduate credit hours, or 9-12 graduate credit hours. **Students must maintain full-time status for immigration purposes.**

It is helpful to bring along a current catalog from your home school, and lecture notes, syllabi, and reading lists for courses which are important pre-requisites for courses you intend to take at UNL. Class schedule website: <http://unlsched.unl.edu/nusched/index.jsp?>

***Very Important: You should know the e-mail address of your academic advisor and/or the international office at your home institution. You will be expected to correspond with your home institution concerning course changes and other academic matters.***

Your academic work will be assessed in the same way as for regularly enrolled degree candidates. The means of assessment may include examinations, essays, in-class participation, and projects. The exchange student is expected to take part in these activities.

An official transcript of the work you complete at the University of Nebraska-Lincoln will be sent to your home institution at the end of your exchange period. It is your home institution that sets policy regarding the awarding of credit toward the home institution's degree and it is your responsibility to know these policies.

## **ESTIMATED PERSONAL EXPENSES** (not provided by exchange benefits and varies by exchange):

**Housing:** Meals are not provided during UNL Breaks (closedown) periods and are the responsibility of the student. Housing benefits vary with each exchange program. Please make sure you understand what is covered on your program. If room and board benefits are not a part of your exchange program, you must plan on making the first payment (approximately US\$400) of your housing contract when you complete the online contract. The total cost for the year (7-day meal plan, double occupancy in Selleck Hall) will be approximately US\$7,815. Semester cost is approximately half of the full year amount.

**Tuition:** The exchange program covers tuition costs up to 15 undergraduate or 12 graduate hours per semester. Students wishing to take additional hours will be responsible for tuition costs associated with the additional credit hours. Please consult a Study Abroad/Exchange Program Advisor if you have questions about the cost to you of extra credit hours.

**Insurance:** Health and accident insurance is required. UNL requires ALL international students to have health insurance that is comparable to the UNL student insurance. Refer to the UNL website for more information about those requirements: <http://health.unl.edu/insurance/benefits/> Students not covered at this level must purchase insurance from the UNL Health Center for approximately \$1,394 per year (\$486/\$908). If a student is covered by a private insurance company, an insurance waiver must be signed within the first two weeks of each semester of attendance.

**Incidental expenses:** Students will need money to cover the incidental expenses of books, laundry, transportation, entertainment and travel expenses. You will need about US\$505 per semester for books and about US\$535 per month for personal expenses. These amounts may vary greatly depending on personal spending habits. You may also be required to pay special course fees beyond the general student fee. These fees may include, but are not limited to: engineering (\$40 per credit hour), business, laboratory (science), law, language laboratory and fitness fees, etc.

### **Payment of Student Bills**

You may find it most convenient to arrange for your money to be transferred to you once you arrive in Lincoln. Many students open a checking account once they arrive in Lincoln to pay for bills and other expenses. University student bills can be paid by charge or debit cards or with cash, check or money order. However, UNL does NOT accept Visa. Please refer to the UNL Student Accounts “payment options” information at this part of the UNL website for more details: <http://stuacct.unl.edu/billingpayment/pmts.shtml>.

Information is true at time of publication, but is also subject to change.

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