



Nepal

Exchange Temporarily Suspended

SANN International College

At a glance...

- **Site:**
SANN International College
- **WWW Home Pages:**
<http://www.sannr.com/>
- **Location:**
Kathmandu, Nepal
- **Language of Instruction:**
English, Nepali
- **Subjects:**
Cultural studies, Political Science, Ecology, Nepali language
- **Credits:**
Transferable to UNL by dept. validation
- **Housing:**
Family stays
- **Program Length:**
Semester
- **Program Dates:**
First Semester: Sept-Dec
Second Semester: Jan-May
- **Type of Program**
Exchange
- **Approximate Costs: (2006-2007)**
Semester: \$7,593 (resident)
\$12,438 (non-resident)
- **Eligibility:**
Undergraduate
- **Application Deadline:**
First Semester: March 1
Second Semester: October 1
- **Contact:**
International Affairs
420 University Terrace
Lincoln, NE 68588-0682
e-mail: iaffairs@unl.edu
(402) 472-5358
Website: <http://www.unl.edu/iaffairs>

"If you have adventure in you, make your first step towards the Everest."

The College Community

SANN stands for "Study of Ancient and New Nepal" and is an academic institute founded by Mr. Narayan Shrestha, in 1989, with assistance of Prof. Dr. Igor Gamow of the University of Colorado, Denver. Dr. Gamow invented a hyperbolic chamber designed to counter the effects of high altitude sickness and named it the Gamow Bag. He began bringing small groups of American students to Nepal to conduct high altitude research and to study the effects of high altitude on the human body. SANN operated International College program for Nepalese students for three years in collaboration with the University of Colorado, Denver. Over the course of 10 years, SANN has been developed into an institution known for its academic programs for American students, international college programme for Nepalese students and for research activities. Its American office is in Boulder, Colorado and the Nepal office is in Gairidhara, Kathmandu.

Nepal

The Kingdom of Nepal is rich in culture and stunning in natural beauty. Home to Mt. Everest and 7 other of the world's tallest mountains, Nepal is also known as the "roof of the world." It is regarded by Buddhists and Hindus as the spiritual center of the universe. Nepal is an independent country located in the Himalayas between Tibetan China and India. One of the world's poorest countries, 90% of Nepalis depend on agriculture. Tourism is another important industry.

Kathmandu is the capital city of Nepal. Its population is about 500,000.

Courses of Study

Coursework will be offered each fall and spring semester on the Sann Research Institute's Kathmandu campus. All classes are taught in English and accredited through the Sann International College. The following is the standard fall/spring curriculum:

Religion of Nepal - 3 credits
Politics of Nepal - 3 credits
Nepali Language - 6 credits
Elective: Ecology of Nepal - 3 credits

Credits earned at the Sann International College

are transferable to UNL by department validation. UNL students remain eligible for most scholarships and other forms of financial aid they normally receive.

Living Arrangements

While in Kathmandu and during the village stay, all students will live with Nepali host families selected by Sann International College. Students are usually paired with a roommate, though if there are an odd number of students, they may be placed in a family by themselves or with two other participants.

The home-stay families are economically middle- and upper-class. All of the families provide students with a separate room to share and modern amenities. All of the families have sinks and many have modern toilets. Some of the homes will have telephones where students can receive international calls.

The Nepali family unit is very tight. People generally spend more time at home. It is also common for families to have hired help for cooking, cleaning and laundry.

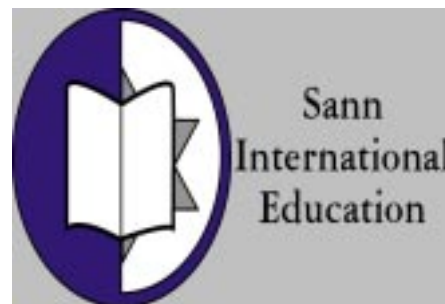
Students will have breakfast (usually Chai, a spiced tea) and dinner with their families. The families are generally responsive to dietary likes and dislikes. Lunch will be taken at the SANN cafeteria.

Duration

The exchange program allows for a one-semester stay in either fall or spring. The Fall semester runs from September to December. The Spring semester begins in January and runs through May.

Type of Program

The exchange program is based on an agreement between the Sann International College and UNL that allows a reciprocal exchange of students. Exchange students pay program fees to their home institution and then swap places with students from the host institution. The number of students selected to participate in the exchange varies from year to year and depends on the balance of the exchange.



Still have questions?

What does International Affairs Do?

The University of Nebraska-Lincoln is committed to fostering international competence and respect for different perspectives. Many of UNL's faculty have national and international reputations and have formed strong linkages with scholars and institutions around the world. Through International Affairs, UNL brings these resources to bear on the challenges of preparing you for life and work in a rapidly changing and increasingly interdependent world.

To enhance your total educational experience, stop in at UNL's International Affairs Office and discover the many programs we coordinate overseas. Our staff is dedicated to finding just the right program that will fit your style and apply toward your graduation at UNL. And you will gain the unique experience of education through the eyes and ears of another culture.

Am I Eligible to Apply?

Any UNL undergraduate in good academic standing is eligible to participate in the program at Sann International College.

The program requires a good degree of independence by the student, and adaptability to living in a developing country. To participate in the 21 day trek in the Himalayas, good physical condition is required. Students applying for the exchange program should demonstrate a genuine interest in an international experience and in the program.

When Should I Apply?

The deadline for the fall semester program, which begins in September, is March 1. The deadline for the spring which begins in January, is October 1. Late applications will be accepted only if space is available.

How Much will it Cost?

For Nebraska residents, the 2006-2007 semester program costs about \$7,593. For non-residents, the semester program costs about \$12,438. These fees include instructional costs, country entry fee, trek and trip permits, excursions, room and board, insurance, medicine and supplies, local communication, and local domestic transports.

Students are responsible for the following: round-trip airfare to Kathmandu, visa fees, tips, airport taxes, hotels/meals enroute to Nepal, and personal spending money.

What About Transportation?

Sann International Research Institute in Boulder, Colorado, will make the travel arrangements so students can receive discounted airfares. Applicants should contact Sann at 888-241-0710.

What else will I need?

Passport pictures; passport and visa information; books and materials about living, traveling, and working abroad are available in the International Affairs resource center at 420 University Terrace, 472-5358.

Can I Get More Information?

Complete course descriptions, more program information, and general books about Nepal are available in the International Affairs resource center at 420 University Terrace, P.O. Box 880682, Lincoln, NE 68588-0682; 402/472-5358.

Academics:

Students should discuss general academic information about studying in Nepal with their academic advisors.

Financial Aid:

For information about applying your financial aid to study abroad programs, contact Caroline Routh in the UNL Office of Scholarships and Financial Aid, 402/472-2030.

Administrative Details:

For applications and details about studying abroad, transferring credit, etc., see additional handout materials or contact a study abroad advisor at International Affairs, 420 University Terrace; 402/472-5358.

Related Programs:

Additional UNL exchange programs include over 100 sites through ISEP, of which UNL is a member institution. Many programs are available where English is the language of instruction.

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NEPAL



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