

LEVEL 8

LC Study Challenge

First/Last Name: _____ Player Name: _____
 Team Name: _____ NUID: _____

Complete **at least 5** of the tasks below to finish this level. Tasks in **bold** must be completed. Write your **initials** in the box next to each task you complete, and **collect signatures** where indicated. Return this form to the Study Challenge Dropbox on the Abel/Sandoz or Schramm Front Desk.

Task	Points	Completed
Review syllabus dates and make a plan for work that remains to be done after Spring Break (e.g. tests you need to study for, papers you need to begin researching/outlining, etc.). Attach your one-paragraph plan to this sheet. (required!)	1	
Find out the requirements to remain eligible for financial aid and scholarships at UNL. Make a checklist of actions you must complete now and in the future (e.g. maintaining a certain GPA, taking a certain number of credit hours, making Satisfactory Academic Progress, etc.). This list should be individualized for your plan of study and should include specific details regarding credit hours to complete, GPA, and so forth—DO NOT simply copy and paste info from a UNL website. Check off any actions you have already completed and write a one-paragraph action plan detailing how and when you will complete other necessary tasks (e.g. meetings with advisors, academic success coaching to elevate/maintain GPA, etc.). Attach your checklist and action plan to this sheet. (required!)	2	
Attend a First-Year Experience Success Workshop (http://success.unl.edu/workshops); write topic & one thing you learned on back of this sheet (signature: _____) NOTE: If you can't attend FYE you can research this week's workshop topic and write on your level sheet: 1) one thing you learned about the topic and 2) the source for your research (name & URL of website or title of book/article along with author, city/state it was published in, publisher, & date published).	1	
Attend the E.N. Thompson Forum lecture on Tuesday, March 18, 7pm, at the Lied Center and write down 2 things you learned on the back of this sheet. Tickets are free. For ticket info and lecture description, visit http://enthompson.unl.edu ***Attach your ticket to this form***	2	
Attend the Sci Pop Talk on Wednesday, March 19, 7pm, at Love Library, Mezzanine Study Room 201 LS, and write down 1 thing you learned on the back of this sheet. Find event info at http://unl.libguides.com/scipoptalks (signature: _____)	2	
Study with your team for one hour	1	

2 POINT BONUS: Turn in completed Level 6 by March 20, 9 a.m.

TOTAL POINTS: _____

Tip of the Week: Talking to family over Spring Break—Even if you go home on the weekends, it's likely some things at home have changed while you were away—and it's likely you've changed a little yourself! Talking to your family and other important people from home about your new life at college can sometimes be tricky. If you haven't already, it's a good idea to discuss your expectations in this time of transition. For instance, how often does your family expect you to come home? How often feels manageable to you in terms of having time to study and build new relationships at school? Do you and your family have the same idea of what it means to be "successful" at college? Would you like more support and advice from your family, or are family members placing too many expectations on you? Learn more about how to talk to your family about these issues at <http://www.wellesley.edu/esp/entering/campuslife/parents>. For those of us who don't have family who have gone to college, these topics can be especially hard to navigate. UNL's Undergraduate Office of Admissions has great resources for first-generation college students, including information for your parents, at <http://admissions.unl.edu/specialized-information/first-generation-students.aspx>. Finally, if communicating with parents is especially difficult, CAPS (Counseling & Psychological Services) at the University Health Center can set you up with a trained counselor who can help you develop strategies for talking to your family in more productive ways. Visit <http://health.unl.edu/counseling-and-psychological-services-caps> for more information.