

LEVEL 2

LC Winter Study Challenge

First/Last Name: _____

Player Name: _____

Team Name: _____

NUID: _____

Complete **at least 5** of the tasks below to finish this level. Tasks in **bold** must be completed. Write your **initials** in the box next to each task you complete, and **collect signatures** where indicated. Return this form to the box on the Abel/Sandoz Welcome Desk.

Task	Points	Completed
Study for one hour in a new location (required!) (where: _____)	1	
Study with your team for at least one hour (required!)	1	
Study at Study Stop for one hour; see success.unl.edu for schedule (signature: _____)	1	
Ask a question in class	1	
Visit a professor during office hours (signature: _____)	2	
Visit an academic resource center on campus, e.g. Writing Center (make appointment at http://www.unl.edu/writing), OASIS, Math, Chemistry, or Computer Science & Engineering Resource Center, Language Lab, etc. (signature: _____)	1	

2 POINT BONUS: Turn in completed Level 2 by Feb. 6, 9 a.m.

TOTAL POINTS: _____

Tips of the Week: Choosing a study location; talking to professors during office hours

- Research has shown that changing up your study locations can help you retain information better. If you've been studying in your room, try Study Stop. If you've been studying in public group spaces, find a private spot in the library. Varying your locations can also help you figure out what kind of space works best for you.
- Professors have weekly office hours to give you a chance to ask questions about assignments, clarify readings or lectures you didn't understand, or just introduce yourself and talk about your goals for the semester. Bring your textbook, notes, or assignment with you so you can explain any specific difficulties you are having or show what progress you have made so far. If you can't make it to office hours, ask your professor if there is another time you can meet. Don't be shy—professors appreciate students who make the effort to speak with them outside of class!