



LEARNER OBJECTIVES

WEBINAR – Autism and Sensory Processing: Self-Advocacy and Strategies: An Interview with Judy Endow

Participants will:

- Gain an understanding of how sensory differences may impact an autistic person throughout their lifetime.
- Develop an understanding that the sensory solutions that one may employ to overcome undesirable sensory input are often considered problematic behaviors instead of recognizing that the individual is problem-solving and figuring out their sensory differences.
- Understand the necessity of having a broad range of strategies and tools that the person on the spectrum can choose from to meet their sensory needs across their lifetime.
- Learn about proactive strategies to prevent unwanted sensory input and ways to self-regulate including a sensory scan.
- Learn how individuals with autism advocate for their needs.