Movement and Fundamentals across the floor sequence - 64 counts

VIDEO Front view: https://youtu.be/mXLF-5L-Lig

1-8   forward march/ drop spins
1-16  “shuffle” rt start with left foot/ flag in rt tuck
1-8   backward march/ pot stirs
1-8   jazz run/ strip at rt shoulder-hip angle
1-16  stand fast/ turn 1, backhand 2-4, pole hits 5-14, hold 15-16
1-8   march forward diagonal with “foot pop” on 8/ double-time
1     rt shoulder

**We’re looking at how well you can move across the floor/field. We will look at posture, performance, and technique.**