Community Resources
Greater Omaha

BOYS TOWN
Saving Children Healing Families
Community Resource Directory

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American Medical Response/Access2Care provides non-emergency transportation Medicaid eligible clients needing transportation service. Please call the toll-free # to schedule a ride.
1-855-230-5353  
TTY: 1-855-230-5354  
Monday – Friday  
9:00am – 7:00pm (CST)

Kids Connection is an expansion of Medicaid as health care coverage for qualified children who are without other health insurance and who do not qualify for Medicaid. Federally called the Children’s Health Insurance Program (CHIP), it provides the same services covered under Medicaid. Kids Connection also provides medical care for injuries and includes: doctor’s visits, medical care, hospital care, lab tests/x-rays/dental treatment, eyeglasses, counseling, mental health and substance abuse assessment and treatment services.

Nebraska Department of Health & Human Services Finance & Support  
P.O. Box 85801  
Lincoln, NE 68509-85801  
Phone: 1-800-383-4278 and in Lincoln 402-323-7455  
(Select option for General Information and then option for Customer Service Center)  
E-mail: Kids.Connection@dhhs.ne.gov

ACCESSNebraska is the quick, easy way to find and apply online for Nebraska public assistance benefits. You can apply online or many Nebraska public assistance benefit programs. Use any computer with Internet access—at home, at the library, agencies and the Department of Health and Human Services (DHHS) offices.

Questions About Applying?
800-383-4278  
Kiosk locations in Omaha: 1215 S. 42nd Street and 3737 Lake Street

NAMI Nebraska helps unite parents, spouses, siblings, friends and people who have a mental illness together with mental health professionals to fight for improved treatment, a better quality of life and recovery. NAMI Nebraska is available to support persons on their road to recovery by providing respect and peer support. Consumers have a personal responsibility for their own self-care and journeys of recovery.

NAMI Nebraska provides the support for individuals and families on their journey.

NAMI NEBRASKA  
402-345-8101  
877-463-6264  
nami.nebraska@nami.org

Nebraska 2-1-1, hosted by United Way of the Midlands keeps an accurate and comprehensive database that you can use to find health and human services to meet your needs. Our database allows you to browse hundreds of health and human services online, learn about specific programs, intake requirements, eligibility, operation hours and more. You can also call Nebraska 2-1-1 to speak with a trained call specialist who can help you identify services. Just dial 2-1-1 on your home or cell phone, no area code is needed. Certain cell phones may need to dial (402) 444-6666.
**Answers4Families** Connecting Nebraska's Families When there is someone in your family with special needs, you may find yourself looking for answers. Answers4Families.org is Nebraska's support and information connection for families and professionals seeking assistance. This web site is a collection of articles, resources and referrals organized by target groups and needs.

**Boys Town National Hotline**
1-800-448-3000 is a toll-free call for kids and parents. Spanish speaking counselors and translation services for more than 100 languages are available 24 hours a day. If you face problems such as physical, sexual or emotional abuse, chemical dependency, thoughts of suicide, parenting worries or out-of-control children call now.

**Easter Seals Nebraska** provides exceptional services to help ensure all people with disabilities have an equal opportunity to live, learn, work and play. Easter Seals offers children and adults with disabilities and special needs find quality services designed to meet their individual needs that include: financial services, camps, recreation, transportation, and employment.

Easter Seals Nebraska  
Corporate Office  
638 North 109th Plaza  
Omaha, NE 68154-1722  
(402) 345-2200 phone

**PTI Nebraska** is a statewide resource for families of children with disabilities and special health care needs. PTI Nebraska's staff are parent/professionals and are available to talk to parents and professionals about special education, other services and disability specific information.

6805 Grover Street, Omaha NE 68106  
(402) 346-0525 (800) 284-8520
Mental Health Services

Region 6 Behavioral Healthcare
3801 Harney Street
Omaha NE 68131
Phone: (402) 444-6573
(800) 311-8717
www.regionsix.com

Behave 'n Day Center
8922 Cuming Street
Omaha, NE 68114
Phone: 926-4373
www.behavenkids.com

Boys Town Behavioral Health Clinic
555 North 30th Street
Omaha NE, 68131
Phone: (402) 498-3358

Catholic Charities
3300 North 60th Street
Omaha, NE 68104
Phone: (402) 554-0520
www.ccomaha.org

Charles Drew Health Center
2915 Grant Street
Omaha, NE 68111
Phone: (402) 451-3553
www.cdhcmedical.com

OneWorld Community Health Center
4920 South 30th St Suite 103
Live Stock Exchange Building
Omaha, NE 68107
Phone: (402) 734-4110

Child Saving Institute
115 South 46th Street
Omaha, NE 68132
Phone: (402) 553-6000
www.childsaving.org

Community Alliance
4001 Leavenworth Street
Omaha, NE 68105
Phone: (402) 341-5128
www.community-alliance.org

Community Counseling Program
(Methodist Hospital)
Phone: (402) 354-6891
www.bestcare.org

Community Counseling Services
(University of Nebraska at Omaha)
6001 Dodge Street
Omaha, NE 68182
Phone: (402) 554-2727

Creighton Psychiatry
3528 Dodge Street
Omaha, NE 68131
Phone: (402) 345-8828
www.cp.waittdesign.com/
patient_care.asp

Douglas County Community
Mental Health Center
4102 Woolworth Avenue
Omaha, NE 68105
Phone: (402) 444-7000

Heartland Family Service
2101 South 42nd Street
Omaha, NE 68105
Phone: (402) 553-3000
www.heartlandfamilyservice.org

Jewish Family Services
333 South 132nd Street
Omaha, NE 68154
Phone: (402) 330-2024

Lutheran Family Services
124 South 24th Street, Suite 230
Omaha, NE 68102
Phone: (402) 346-6100
Mental Health Services

Lutheran Family Services
513 North "D" Street
Fremont, NE 68025
Phone: (402) 721-1774
www.lfsneb.org

Munroe Meyer Institute
444 South 44th Street
Omaha, NE 68131
Phone: (402) 559-6402
www.unmc.edu/dept/omi

NAMI
1941 South 42nd Street, Suite 517
Omaha, NE 68105
Phone: (402) 345-8101
(877) 463-6264
www.nami.org

Nebraska Family Support Network
3568 Dodge Street
Omaha, NE 68131
Phone: (402) 345-0791

Ted E. Bear Hollow
347 North 76th Street
Omaha, NE 68114
Phone: (402) 502-2773
www.tedebearhollow.org
Grieving families
Substance Abuse Services

Journeys
815 Dorcas Street
Omaha, NE 68108
Phone: (402) 898-4135
10806 Prairie Hills Drive
Omaha, NE 68144
Phone: (402) 504-4099
www.journeysomaha.org

Latino Center of the Midlands
4821 South 24th Street
Omaha, NE 68107
Phone: (402) 733-2720
www.latinocenterofthemidlands.org

Lutheran Family Services
120 South 24th Street
Omaha NE 68102
Phone: (402) 342-7007
www.lfsneb.org

Narcotics Anonymous – 24 hour
Phone: (402) 660-3662

Nebraska Urban Indian Health Coalition
(Intertribal Treatment Center)
2240 Landon Court
Omaha, NE 68102
Phone: (402) 346-0902
www.nuihc.com/intertribal.html

NOVA Therapeutic Community
3483 Larimore Avenue
Omaha, NE 68111
Phone: (402) 455-8303
www.novatc.org

Salvation Army Adult Rehabilitation Center
2551 Dodge Street
Omaha, NE 68131
Phone: (402) 342-4135
www.givesalvationarmy.org/adultrehab.asp

Substance Abuse Services

Addiction & Behavioral Health (ABH)
8610 Brentwood Drive
La Vista, NE 68128
Phone: (402) 331-3232

Alcoholics Anonymous-Statewide Hotline
Phone: (877) 226-3632

Catholic Charities Campus for Hope
1490 North 16th Street
Omaha, NE 68102
Phone: (402) 827-0570
www.alcoholism.about.com

Charles Drew Health Center
2915 Grant Street
Omaha, NE 68111
Phone: (402) 451-3553
www.cdhcmedical.com

OneWorld Community Health Center
4920 South 30th St Suite 103
Live Stock Exchange Building
Omaha, NE 68107
Phone: (402) 734-4110

Heartland Family Service
Family Works Program
1016 Park Avenue
Omaha, NE 68105
Phone: (402) 342-9555
www.heartlandfamilyservice.org

Heartland Family Service
Youth Substance Abuse (YSA)
Extended Outpatient Program
2101 South 42nd Street
Omaha, NE 68105
Phone: (402) 553-3000
(877) 553-3001
www.heartlandfamilyservice.org
Substance Abuse Services

Santa Monica
130 North 39th Street
Omaha, NE 68131
Phone: (402) 558-7088

Siena-Francis House
1702 Nicholas Street
Omaha NE 68102
Phone: (402) 341-1821
www.sienafrancis.org/default.htm

Stephen Center HERO Program
5217 South 28th Street
Omaha, NE 68107
Phone: (402) 715-5440
www.stephencenter.org

Valley Hope
7703 Serum Avenue
Omaha, NE 68127
Phone: (402) 991-8824
Housing Assistance and Shelters

Housing Assistance
Bellevue Housing Authority
Scattered Sites
Phone: (402) 734-5448

Douglas County Housing Authority
5404 North 107th Plaza
Omaha, NE 68134
Phone: (402) 444-6203
www.douglascountyhousing.com

Family Housing Advisory Services
2416 Lake Street
Omaha, NE 68111
Phone: (402) 934-1777
www.fhasinc.org

Family Self Sufficiency Program
4401 North 21st Street
Omaha, NE 68110
Phone: (402) 444-7100

Habitat for Humanity (Omaha)
2204 Ames Avenue
Omaha, NE 68110
Phone: (402) 457-5657
www.habitatomaha.org

Habitat for Humanity (Sarpy)
119 West Mission Avenue
Bellevue, NE 68005
Phone: (402) 292-6560
www.hfhsarpy.org

Holy Name Housing Corporation
3014 North 45th Street
Omaha, NE 68104
Phone: (402) 453-6100
www.holynnameomaha.org

Heartland Family Service
Housing Solutions
6720 North 30th Street
Omaha, NE 68112
Phone: (402) 457-7777
www.heartlandfamilyservice.org

New Creations
4468 Redman Ave, Apt 1
Omaha, NE 68111
Phone: (402) 451-6241
www.newcreationsinc.org

Omaha Housing Authority
540 South 27th Street
Omaha, NE 68105
Phone: (402) 444-4200
www.co.douglas.ne.us/dept/oha/index.php

Rebuild Together
PO Box 540436
Omaha, NE 68154
Phone: (402) 965-9201
www.rebuildtogetheromaha.com

Restored Hope
2316 Howard Street
Omaha, NE 68102
Phone: (402) 345-7306
www.restoredhopeomaha.com

Salvation Army
3612 Cuming Street
Omaha, NE 68131
Phone: (402) 898-5900
www.salvationarmyusa.org

Stephen Center Transitional Living
2723 “Q” Street
Omaha, NE 68107
Phone: (402) 731-0238
www.stephencenter.org
Housing Assistance and Shelters

**Shelters**

Care Corps Shelter  
723 North Broad Street  
Fremont, NE 68025  
Phone: (402) 721-3125  
www.carecorpshomelessservices.org

Heartland Family Service  
2101 South 42nd Street  
Omaha, NE 68105  
Phone: (402) 553-3000  
www.heartlandfamilyservice.org

Jefferson House  
437 North Jefferson Rd  
Fremont, NE 68025  
Phone: (402) 721-5099

Lydia House  
3030 N. 21st Street  
Omaha, NE 68103  
Phone: (402) 345-9342  
[www.opendoormission.org/lydia_house.html](http://www.opendoormission.org/lydia_house.html)

Open Door Mission  
2706 North 21st Street  
Omaha, NE 68103  
Phone: (402) 422-1111  
[www.opendoormission.org](http://www.opendoormission.org)

Siena-Francis House  
1702 Nicholas Street  
Omaha NE 68102  
Phone: (402) 341-1821  
[www.sienafrancis.org](http://www.sienafrancis.org)

Stephen Center  
2723 “Q” Street  
Omaha NE 68107  
Phone: (402) 731-0238  
[www.stephencenter.org](http://www.stephencenter.org)

Youth Emergency Services (YES)  
2922 Izard Street (Co-Ed Shelter)  
Omaha, NE 68131  
Phone: (402) 342-8002

**Independent Living**

Bridges to Success  
Camp Fire USA: (402) 397-5809  
Child Saving Institute: (402) 553-60  
[www.campfire.org](http://www.campfire.org)

Safety and Health Council of Greater Omaha  
11620 M Circle  
Omaha NE 68137  
Phone: (402) 896-6332  
[www.safenebraska.org](http://www.safenebraska.org)

VODEC  
Phone: (712) 328-2638  
[www.vodec.org](http://www.vodec.org)
Legal Assistance

Abraham’s Legal Clinic (Creighton)
2120 Cass Street
Omaha, NE 68178
Phone: (402) 280-3068
www.law.creighton.edu/?legalclinics

Adult Protective Services
1313 Farnam Street
Omaha, NE 68102
Phone: (402) 595-3474 (office)
Hotline: (800) 652-1999

Child Protective Services
1313 Farnam Street
Omaha, NE 68102
Phone: (402) 595-2850 (office)
Hotline: (800) 652-1999

Concord Center
9802 Nicholas Street
Omaha, NE 68114
Phone: (402) 345-1131

Douglas County District Court
300 Hall of Justice
Omaha, NE 68183
Phone: (402) 444-4350

Family Housing Advisory Services
2505 North 24th Street, Suite 219
Omaha, NE 68110
Phone: (402) 934-1777
www.fhasinc.org

Immigration Legal Clinics-
Justice for our Neighbors
Phone: (402) 898-1349

Juan Diego Center
5211 South 31st Street
Omaha, NE 68107
Phone: (402) 731-5413
www.ccomaha.org

Legal Aid of Nebraska
500 South 18th Street
Omaha, NE 68102
Phone: (402) 348-1606
www.nebls.com

Mexican Consulate
3552 Dodge Street
Omaha, NE 68108
Phone: (402) 595-1841
www.mexonline.com/consulate.htm

Nebraska Advocacy Services
134 South 13th Street, Suite 600
Lincoln, NE 68508
Phone: (800) 422-6691
www.nebraskaadvocacyservices.org

Nebraska Appleseed
941 “O” Street
Lincoln, NE 68508
Phone: (402) 438-8853
(800) 845-3746
www.neappleseed.org
Legal Assistance

Nebraska Bar Association
635 South 14th Street
Lincoln, NE 68501
Phone: (402) 475-7091
(800) 927-0117
www.nebar.com

Nebraska Volunteer Lawyers Project
Phone: (800) 742-3005

Omaha Bar Association
Phone: (402) 280-3607
Referral: (402) 280-3603
www.omahabarassociation.com

Pottawattamie County Victim Assistance Unit
Phone: (402) 328-5649

Sarpy County Victim Assistance Unit
1257 Golden Gate Dr, Suite 10W
Papillion, NE 68046
Phone: (402) 593-2201

Voices for Children
7521 Main Street, Suite 103
Omaha, NE 68127
Phone: (402) 597-3100
www.voicesforchildren.com
Medication Assistance / Dental Assistance

**Medication Assistance**

Caremark  
www.caremark.com/naco

Charles Drew Health Center  
2915 Grant Street  
Omaha NE 68111  
Phone: (402) 451-3553  
www.cdhemedical.com

Douglas County Prescription Discount Program (RX Savings Card)  
1819 Farnam Street  
Omaha, NE 68138  
Phone: (877) 321-2652

Gender Emergency Medication Services (GEMS)  
6820 North 30th Street  
Omaha, NE 68112  
Phone: (402) 457-7760

Holy Family Door Ministry  
1715 Izard Street  
Omaha, NE 68102  
Phone: (402) 341-6561

Hope Medical Outreach Coalition  
4920 South 30th Street, Suite 301  
Omaha, NE 68107  
Phone: (402) 345-2400  
www.hopemed.us

NeedyMeds  
www.needymeds.com

Partnership for Prescription Assistance (PPA)  
Phone: (888) 477-2669  
www.pprx.org

Salvation Army (Fremont)  
707 North “I” Street  
Fremont, NE 68025  
Phone: (402) 721-0930  
www.salvationarmyusa.org

Salvation Army (Omaha)  
3612 Cuming Street  
Omaha, NE 68131  
Phone: (402) 898-5860  
www.salvationarmyusa.org

**Dental Assistance**

Cass Family Medicine (One World Clinic Satellite)  
409 Main Street  
Plattsmouth, NE 68048  
Phone: (402) 296-2345  
www.cassfamilymedicine.org

Charles Drew Health Center  
2915 Grant Street  
Omaha, NE 68111  
Phone: (402) 451-3553  
www.cdhemedical.com

OneWorld Community Health Center  
4920 South 30th St Suite 103  
Live Stock Exchange Building  
Omaha, NE 68107  
Phone: (402) 734-4110

409 Main Street  
Plattsmouth, NE 68048  
Phone: (402) 296-2345  
www.oneworldomaha.org
Medical Care

Aid to Dependent Children
1555 Colfax Street, Courthouse Bldg.
Blair, NE 68008
Phone: (402) 426-2329

Angels Among Us
PO Box 540243
Omaha, NE 68154
Phone: (402) 934-0999
www.angelsamongus.org

Cass Family Medicine (One World Clinic Satellite)
409 Main Street
Plattsmouth, NE 68048
Phone: (402) 296-2345
www.cassfamilymedicine.org

Charles Drew Health Center
2915 Grant Street
Omaha, NE 68111
Phone: (402) 451-3553
www.cdncmedical.com

Douglas County Health Department
5050 Ames Ave (Walk-Ins)
Omaha, NE 68111

4102 Woolworth (Appointment Only)
Omaha, NE 68105
Phone: (402) 444-7750
www.douglascountyhealth.com

Essential Pregnancy Services (EPS)
6220 Maple Street
Omaha, NE 68104
Phone: (402) 554-1000
www.essentialps.org

Kids Connection
2222 Cuming Street
Omaha, NE 68102
Phone: (402) 595-1000
www.dhhs.ne.gov

Make A Wish Foundation
11926 Arbor Street, Suite 102
Omaha, NE 68144
Phone: (402) 333-8999
www.wish.org

Maternal Care Program - University of Nebraska Medical Center
42nd and Emile
OB/GYN Outpatient 4th floor
Omaha NE
Phone: (402) 559-7209

Medicaid
1313 Farnam-on-the-Mall, 3rd Floo
Omaha, NE 68102
Phone: (402) 595-2850
www.dhhs.ne.gov

Medically Handicapped Children’s Program
3860 Leavenworth Street
Omaha, NE 68131
Phone: (402) 595-2121

Nebraska AIDS Project
139 South 40th Street
Omaha, NE 68131
Phone: (402) 669-4706
www.nap.org

Nebraska Health and Human Services (Cass County)
546 Avenue A
Plattsmouth, NE 68048
Phone: (402) 286-0000
(800) 776-1188
www.dhhs.ne.gov
Medical Care

Nebraska Health and Human Services (Dodge County)
124 East 5th Street
Fremont, NE 68026
Phone: (402) 727-3200
www.dhhs.ne.gov

OneWorld Community Health Center
4920 South 30th St Suite 103
Live Stock Exchange Building
Omaha, NE 68107
Phone: (402) 734-4110

409 Main Street
Plattsmouth, NE 68048
Phone: (402) 296-2345
www.oneworldomaha.org

Planned Parenthood
5310 South 139th Plaza
Omaha, NE 68137
3341 North 107th
Phone: (402) 894-9006

3341 North 107th Street
Omaha, NE 68134
Phone: (402) 496-0088
www.plannedparenthood.org/ppneb

Renaissance Health Clinic
Inside the Salvation Army
3612 Cuming Street
Omaha, NE 68131
Phone: (402) 354-3198
Domestic Violence

Catholic Charities: The Shelter
Undisclosed Address
Phone: (402) 558-5700
www.comahoa.org

Catholic Charities: Family Passages
Undisclosed Address
Phone: (402) 827-3688
www.comahoa.org

Catholic Charities: Phoenix House
411 East Broadway
Council Bluffs IA 51503
Phone: (712) 256-2059
(888) 612-0266
www.comahoa.org

Crisis Center for Domestic Violence/Sexual Assault (Dodge & Washington Counties)
321 East Military Ave (Main Office)
Fremont, NE 68025
Phone: (402) 721-4340
Crisis Hotline: (402) 727-7777
(800) 876-6238

Domestic Violence Coordinating Council of Greater Omaha (DVCC)
8990 West Dodge Rd, Suite 205
Omaha, NE 68114
Phone: (402) 398-9928
www.omahamedical.com/momdviolence.asp

Douglas County Offices, Clerk of the District Court, Protection Orders
300 Hall of Justice
Omaha, NE 68102
Phone: (402) 444-4350

Friendship Home
P.O. Box 30268
Lincoln, NE 68503
Phone: (402) 437-9302
www.friendshiphome.org

Heartland Family Service
116 East Mission Ave (Sarpy County Bellevue, NE 68005
Phone: (402) 291-6065

546 Avenue A Suite 7 (Cass County)
Plattsmouth, NE 68048
Phone: (402) 296-0649
www.heartlandfamilyservice.org
To schedule an intake:
(402) 553-3000

Domestic Abuse Program:
(402) 291-6065

Safe Haven Domestic Violence Shelter: (800) 523-3666
24-hour Crisis Line: (800) 523-3666

Juan Diego Center
5211 South 31st Street
Omaha, NE 68107
Phone: (402) 731-5413

Lydia House
2706 North 21st Street
Omaha, NE 68110
Phone: (402) 829-1531
www.opendoormission.org/lydia_house.html

Omaha Domestic Violence Program
1819 Farnam Street, Suite 300
Omaha, NE 68183-0300
Phone: (402) 444-5000

Sarpy County Victim/Witness Unit
Courthouse Annex East
1257 Golden Gate Drive, Suite 4W
Papillion, NE 68046-2857
Phone: (402) 593-2201

YWCA - Women Against Violence
222 South 29th Street
Omaha NE 68131
Phone: (402) 345-7273
(800) 876-6238
www.ywcaomaha.org
Parenting Education & Classes

Boys Town
555 North 30th Street
Omaha, NE 68131
Phone: (402) 498-1059
www.boystown.org

Center for Holistic Development Inc
6663 Sorenson Parkway
Omaha, NE 68152
Phone: (402) 502-9788
www.chdomaha.org

Child Saving Institute
115 South 46th Street
Omaha, NE 68132
Phone: (402) 553-6000
www.childsaving.org

Children's Respite Care Centers
2010 North 88th Street
Omaha, NE 68134
Phone: (402) 496-1000
www.crccomaha.org

Family Connections
11330 Q Street
Omaha, NE 68152
Phone: (402) 740-8203

Heartland Family Service
2101 South 42nd Street
Omaha, NE 68105
Phone: (402) 552-7400
www.heartlandfamilyservice.org

Love & Logic Parenting
(Jewish Family Services)
333 South 132nd Street
Omaha, NE 68154
Phone: (402) 330-2024

Lutheran Family Services
124 South 24th Street, Suite 230
Omaha, NE 68102
Phone: (402) 342-7007
www.lfsneb.org

Parenting U (Children's Hospital & Medical Center)
8200 Dodge Street
Omaha, NE 68114
Phone: (402) 955-5400
www.chsomaha.org
After School Programs, Camps, Daycare

Boy Scouts of America
12401 W. Maple Road
Omaha, NE 68164
Phone: (402) 431-9272
www.mac-bsa.org

Boys and Girls Clubs of Omaha
2610 Hamilton St (North)
Omaha, NE 68131
Phone: (402) 342-2300

5051 South 22nd Street (South)
Omaha, NE 68107
Phone: (402) 733-8333
www.bgcomaha.org

Camp Fire USA
2655 St. Mary's Ave
Omaha, NE 68131
Phone: (402) 397-5809
www.campfireomaha.org

Camp Floyd Rogers
21520 West Highway 31
Gretta, NE 68028
Phone: (402) 341-0866
www.campfloydrogers.com

Camp Kindness (Nebraska Humane Society)
8929 Fort St
Omaha, NE 68134
Phone: (402) 444-7800
www.nehumanesociety.org

Camp Superkids (American Lung Association)
7101 Newport Avenue, Suite 303
Omaha, NE 68154
Phone: (402) 572-3030
www.lungnebraska.org

Christ Child Society
1248 South 10th Street
Omaha NE 68108
Phone: (402) 342-4566

Creighton University
Summer Sports Camps
2500 California Plz
Omaha, NE 68131
Phone: (402) 280-2145

Children's Respite Care Centers
2010 North 88th St
Omaha, NE 68134
Phone: (402) 496-1000
www.crccomaha.org

Easter Seals
638 North 109th Plz
Omaha, NE 68154
Phone: (402) 345-2200
www.ne.easterseals.com

Fontenelle Nature Discovery Camp
1111 Bellevue Blvd North
Bellevue, NE 68005
Phone: (402) 731-3140
www.fontenelleforest.org

Girls Inc.
2811 North 45th Street
Omaha, NE 68104
Phone: (402) 457-4676

5407 South 30th Street
Omaha, NE 68107
Phone: (402) 731-2108
www.girlsincomaha.org

Girl Scouts
2121 South 44th Street
Omaha, NE 68105
Phone: (402) 558-8189
www.gpgirlscouts.org
After School Programs, Camps, Daycare

Heartland Family Service -
Solomon Girls Center
6720 North 30th Street
Omaha, NE 68112
Phone: (402) 451-6244
www.heartlandfamilyservice.org

Kids Can (Social Settlement)
4860 “Q” Street
Omaha, NE 68117
Phone: (402) 731-6988
www.socialsettlement.org

Nebraska Lutheran Outdoor Ministries
27416 Ranch Rd
Ashland, NE 68003
Phone: (888) 656-5854
www.nlom.org

Project Explore
13454 Fowler Avenue
Omaha, NE 68164
Phone: (402) 334-1677
www.ldanebraska.org

The Rose Theater Performing Arts
2001 Farnam Street
Omaha, NE 68102
Phone: (402) 345-4849
www.rosetheater.org

Sun Dawgs
Various locations in Omaha
Phone: (402) 444-4386
www.ci.omaha.ne.us/parks

Under the Weather – Bergan
Mercy Medical Center
7500 Mercy Road
Omaha, NE 68124
Phone: (402) 398-6300 Press #1

YMCA Camps
1111 East First Street
Papillion, NE 68046
Phone: (402) 339-9861
www.metroymca.org

Daycare

All About Us Day Care
4520 Burdette Street
Omaha, NE 68104
Phone: (402) 553-1172

Children’s Respite Care Centers
13336 Industrial Rd, Suite 101 (Southwest)
Omaha, NE 68137
Phone: (402) 895-4000
Ages Served: Infants and Toddlers
www.childrensrespitecenter.org

2010 North 88th Street (Northwest)
Omaha, NE 68134
Phone: (402) 496-1000
Ages Served: Infants through age 21
www.childrensrespitecenter.org

Easter Seals
638 North 109th Plaza
Omaha, NE 68154
Phone: (402) 345-2200
www.ne.easterseals.com

Lutheran Family Services
124 South 24th Street, Suite 200
Omaha, NE 68102
Phone: (402) 661-7100
www.lfsneb.org
### Financial Assistance

<table>
<thead>
<tr>
<th>Organization</th>
<th>Address</th>
<th>Phone Number</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Consumer Credit Counseling Service</td>
<td>600 North 93rd Street, Suite 206, Omaha, NE 68114</td>
<td>(402) 333-2227</td>
<td>cccsn.org</td>
</tr>
<tr>
<td>11330 “Q” Street, Suite 219</td>
<td></td>
<td></td>
<td><a href="http://www.dhhs.ne.gov">www.dhhs.ne.gov</a></td>
</tr>
<tr>
<td>Nebraska Department of Health and Human Services</td>
<td>1313 Farnam-on-the-Mall, 3rd Floor, Omaha, NE 68102</td>
<td>(402) 595-2850</td>
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</tr>
</tbody>
</table>

### Immigration

<table>
<thead>
<tr>
<th>Organization</th>
<th>Address</th>
<th>Phone Number</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Justice for Our Neighbors</td>
<td>2418 “E” Street, Suite 2</td>
<td>(402) 898-1349</td>
<td><a href="http://www.jsn.org">www.jsn.org</a></td>
</tr>
<tr>
<td>Lutheran Family Services</td>
<td>545 South 31st Avenue</td>
<td>(402) 346-6100</td>
<td>lfsneb.org</td>
</tr>
<tr>
<td>Mexican Consulate</td>
<td>3552 Dodge Street</td>
<td>(402) 595-1841</td>
<td>mexonline.com/consulate.htm</td>
</tr>
<tr>
<td>Southern Sudan Community Association</td>
<td>4819 Dodge Street</td>
<td>(402) 554-0759</td>
<td><a href="http://www.sscainternational.org">www.sscainternational.org</a></td>
</tr>
<tr>
<td>US Citizenship and Immigration Services</td>
<td>1717 Avenue “H” East</td>
<td>(402) 633-4000 English (402) 633-4060 Spanish</td>
<td>uscis.gov/portal/site/uscis</td>
</tr>
</tbody>
</table>
Identification Information

Douglas County Health Department
Bureau of Vital Statistics
1819 Farnam Street, Suite 102
Omaha, NE 68183
Phone: (402) 444-7204

Douglas County Treasurer
1819 Farnam St, Ste 102
Omaha NE 68183

411 N. 84th Street (Midtown)
Omaha, NE 68114

5730 South 144th Street (West)
Omaha NE 68137

7414 North 30th Street (North)
Omaha, NE 68111

Phone for all locations:
(402) 444-7801

Mexican Consulate
3552 Dodge Street
Omaha, NE 68131
Phone: (402) 595-1841
www.consuladoomaha.org

Nebraska Driver License Exam Division
301 Centennial Mall South
Lincoln, NE 68509-4789
Phone: (402) 471-3861

Social Security Administration
604 N. 109th Court
Omaha, NE 68154
Phone: (402) 496-3520
(800) 772-1213

US Citizenship and Immigration Services
1717 Avenue “H” East
Omaha, NE 68110
Phone: (402) 633-4000 English
(402) 633-4060 Spanish
www.uscis.gov/portal/site/uscis
Clothing Assistance

Bellevue Clothing Pantry
206 East 23rd Avenue
Bellevue, NE 68005
Phone: (402) 291-3378

Heartland Family Service
Career Clothing Closet
6720 North 30th Street
Omaha, NE 68112
Phone: (402) 451-6244
www.heartlandfamilyservice.org

Holy Family Door Ministry
1715 Izard Street
Omaha, NE 68102
Phone: (402) 341-6561

Iglesia del Pueblo, Inc.
5407 South 21st Street
Omaha, NE 68107
Phone: (402) 706-1771

Juan Diego Center
5211 South 31st Street
Omaha, NE 68107
Phone: (402) 731-5413

Kings Closet (Open Door Mission)
2828 North 23rd St East
Omaha, NE 68110
Phone: (402) 422-1111
www.opendoormission.org

Life Choices (formerly United Family Service)
640 North “H” Street
Fremont, NE 68026
Phone: (402) 721-5551

Low Income Ministry
549 North “H” Street
Fremont, NE 68026-0598
Phone: (402) 727-6884
(402) 727-1595
www.connectfremont.org

Marshall Drive Pantry
4845 Marshall Drive
Omaha, NE 68137
Phone: (402) 895-4227

Missions of All Nations
5210 South 21st Street
Omaha, NE 68107
Phone: (402) 733-2077

My Neighbors Closet Thrift Shop
520 South 18th St
Plattsmouth, NE 68048
Phone: (402) 296-3139

Operation School Bell
3569 Leavenworth St
Omaha, NE 68105
Phone: (402) 342-4288
www.operationschoolbell.org

Project Hope
4205 Boyd St.
Omaha, NE 68111
Phone: (402) 453-7649
www.lutheransonline.com

Reruns R Fun
8501 Granville Pkwy
La Vista, NE 68128
Phone: (402) 680-1199
www.rerunsrfun.net

Restored Hope
2316 Howard Street
Omaha, NE 68102
Phone: (402) 345-7306
www.restoredhopeomaha.com
Clothing Assistance

Salvation Army Material and Seasonal Assistance
3612 Cuming Street
Omaha, NE 68131
Phone: (402) 898-5860
www.salvationarmyusa.org

SENCA- Southeast Nebraska Community Action Council
427 Main Street
Plattsmouth, NE 68048
Phone: (402) 296-4477
www.senca.org

St. Vincent de Paul
2101 Leavenworth Street
Omaha, NE 68102
Phone: (402) 346-5445
www.svdpomaha.org

Together Inc.
1616 Cass Street
Omaha, NE 68102
Phone: (402) 345-8047, ext 204
www.togetheromaha.org

YWCA
222 South 29th Street
Omaha NE 68131
Phone: (402) 345-6555
www.ywcaomaha.org
Food Pantries

Angel Food Ministries
Phone: (877) 366-3646 to find local host site
www.angelfoodministries.com

Bellevue Human Services
1908 Hancock Street
Bellevue, NE 68005
Phone: (402) 293-3138

Benson Baptist Church
6319 Maple Street
Omaha NE 68104
Phone: (402) 551-1512

First Lutheran Church Pantry
542 South 31st Street
Omaha, NE 68105
Phone: (402) 345-7506

Food Bank of Omaha- Mobile Pantry
Various locations throughout Omaha
Phone: (402) 331-1213
www.omahafoodbank.org

Good Neighbor Ministries
1555 South 27th Street
Omaha, NE 68105
Phone: (402) 344-4738

Heart Ministry Center
2222 Binney Street
Omaha, NE 68110
Phone: (402) 451-2321

Heartland Family Service - Neighborhood Emergency Services
302 American Parkway
Papillion, NE 68046
Phone: (402) 339-2544
www.heartlandfamilyservice.org

Holy Family Door Ministry
1715 Izard Street
Omaha, NE 68102
Phone: (402) 341-6561

Holy Name
2901 Fontenelle Blvd
Omaha, NE 68104
Phone: (402) 451-6622

Iglesia del Pueblo, Inc.
5407 South 21st Street
Omaha, NE 68107
Phone: (402) 706-1771
Joseph's Coat
1737 Washington Street
Blair, NE 68008
Phone: (402) 426-0440

Juan Diego Center
5211 South 31st Street
Omaha, NE 68107
Phone: (402) 731-5413
www.comaha.org

Kountze Memorial Lutheran Ch
2650 Farnam Street
Omaha, NE 68131
Phone: (402) 341-7761

Low Income Ministry
549 North “H” Street
Fremont, NE 68025
Phone: (402) 727-6884

Marshall Drive Pantry
4845 Marshall Drive
Omaha, NE 68137
Phone: (402) 895-4227

Missions of All Nations
5218 South 21st Street
Omaha, NE 68107
Phone: (402) 733-2077

Pearl United Methodist Church
2319 Ogden Street
Omaha, NE 68110
Phone: (402) 453-8623
Food Pantries

Project Hope
4205 Boyd Street
Omaha, NE 68111
Phone: (402) 453-7649
www.lutheransonline.com

Salvation Army- Fremont
707 North “T” Street
Fremont, NE 68025
Phone: (402) 721-0930
www.salvationarmyusa.org

Salem Food Pantry
2205 North 24th St
Omaha, NE 68110
Phone: (402) 505-9973

Salvation Army Material and Seasonal Assistance
3612 Cuming Street
Omaha NE 68131
Phone: (402) 898-5860
www.salvationarmyusa.org

Share Iowa
Phone: (800) 344-1107
Pick up sites in Omaha, Plattsmouth, Fremont, Bellevue, and Blair.
www.shareiowa.com

St. Benedict the Moor
2423 Grant Street
Omaha, NE 68111
Phone: (402) 348-0631

St. Cecelia’s Cathedral
701 North 40th Street
Omaha, NE 68131
Phone: (402) 551-2313

St. Martin de Porres
2417 Burdette Street
Omaha, NE 68110
Phone: (402) 341-4004

St. Stephen the Martyr
16701 “S” Street
Omaha, NE 68135
Phone: (402) 896-9675

St. Vincent de Paul
2101 Leavenworth Street
Omaha, NE 68102
Phone: (402) 346-5445

SENCA- Southeast Nebraska Community Action Council
427 Main Street
Plattsmouth, NE 68048
Phone: (402) 296-4477
www.senca.org

Together Inc.
1616 Cass Street
Omaha, NE 68102
Phone: (402) 345-8047, ext 204
www.togetheromaha.org

Westside Church Food Pantry
15050 West Dodge Road
Omaha, NE 68154
Phone: (402) 496-7833

WIC
735 North 120th Street
Omaha NE 68154
Phone: (402) 444-6800

1941 S. 42nd Street, Ste 412
Omaha, NE 68105
Phone: (402) 595-2284

601 N. 30th Street
Omaha, NE 68131
Phone: (402) 449-5494
Holiday Assistance

Adopt a Family (Salvation Army)
3612 Cuming Street
Omaha, NE 68131
Phone: (402) 898-5900
www.salvationarmyusa.org

Eastern Nebraska Community Action Partnership
(Formerly Greater Omaha Community Action - GOCA)

2406 Fowler Ave (North)
Omaha, NE 68111
Phone: (402) 453-5656

5155 South 36th St (South)
Omaha, NE 68107
Phone: (402) 595-1122

1908 Hancock Street (Sarpy)
Bellevue, NE 68005
Phone: (402) 213-7131
www.gocaomaha.org

Heartland Family Service
2101 South 42nd Street
Omaha, NE 68105
Phone: (402) 553-3000
www.heartlandfamilyservice.org

Juan Diego Center
5211 South 31st Street
Omaha, NE 68107
Phone: (402) 731-5413

Low Income Ministry
549 North "H" Street
Fremont, NE 68025
Phone: (402) 727-6884

Missions of All Nations
5218 South 21st Street
Omaha, NE 68107
Phone: (402) 733-2077

Sarpy County Holiday Assistance Program
116 East Mission Avenue
Bellevue, NE 68005
Phone: (402) 291-6065

Toys for Tots (US Marines)
5808 North 30th Street
Omaha, NE 68111
Phone: (402) 453-8807
Rent Assistance

Heartland Family Service -
Neighborhood Emergency Services
6720 North 30th Street
Omaha, NE 68112
Phone: (402) 451-6244

302 American Parkway
Papillion, NE 68046
Phone: (402) 339-2544
www.heartlandfamilyservice.org

Holy Family Door Ministry
1715 Izard Street
Omaha, NE 68102
Phone: (402) 341-6561

Nebraska Health and Human
Services (Cass County)
546 Avenue A
Plattsmouth, NE 68048
Phone: (402) 286-0000
(800) 776-1188

Nebraska Health and Human
Services (Dodge County)
124 East 5th Street
Fremont, NE 68025
Phone: (402) 727-3200
(800) 467-9922

Regional Rental Assistance Program
4001 Leavenworth Street
Omaha, NE 68105
Phone: (402) 341-5128

Salvation Army (Fremont)
707 North "I" Street
Fremont, NE 68025
Phone: (402) 721-0930
www.salvationarmyusa.org

Rent Assistance

Bellevue Human Services
1915 Hancock Street
Bellevue, NE 68005
Phone: (402) 293-3138

Blair Housing Authority
758 South 16th Street
Blair NE 68008
Phone: (402) 426-3340

Douglas County General Assistance
4102 Woolworth Avenue
Omaha, NE 68105
Phone: (402) 444-6215

Eastern Nebraska Community
Action Partnership
(Formerly Greater Omaha
Community Action - GOCA)

2406 Fowler Ave (North)
Omaha, NE 68111
Phone: (402) 453-5656

5155 South 36th St (South)
Omaha, NE 68107
Phone: (402) 595-1122

1908 Hancock Street (Sarpy)
Bellevue, NE 68005
Phone: (402) 213-7131
www.gocaomaha.org

Halo Club
PO Box 8784
Omaha, NE 68108
Phone: (402) 342-7600
www.mutualofomaha.com/halo
Rent Assistance

Sarpy County General Assistance
1308 Gold Coast Rd, Suite 500
Papillion, NE 68046
Phone: (402) 593-4400

SENCA- Southeast Nebraska Community Action Council
427 Main Street
Plattsmouth, NE 68048
Phone: (402) 296-4477
www.senca.org

Southern Sudan Community Association
4819 Dodge Street
Omaha, NE 68132
Phone: (402) 554-0759
www.sscainternational.org

St. Vincent de Paul
2101 Leavenworth Street
Omaha, NE 68102
Phone: (402) 346-5445

Together Inc.
1616 Cass Street
Omaha, NE 68102
Phone: (402) 345-8047, ext 204
www.togetheromaha.org
Employment

Aureus Group
13609 California Street
Omaha, NE 68154

Aurstaff
13609 California St
Omaha NE 68154
Phone: (402) 895-4422

Boys and Girls Clubs of Omaha
2610 Hamilton Street (North)
Omaha, NE 68131
Phone: (402) 342-2300

5051 South 22nd Street (South)
Omaha, NE 68107
Phone: (402) 733-8333
www.bgcomaha.org

Career Outreach
13609 California Street, Suite 210
Omaha, NE 68154
Phone: (402) 891-6950
www.careeroutreach.com

Career Solution Inc.
Ollie Webb Center
1941 South 42nd
Street, Suite 122
Omaha, NE 68105
Phone: (402) 342-4418

Celebrity Staff
13609 California Street
Omaha, NE 68154
Phone: (402) 938-2000

Easter Seals
638 North 109th Plaza
Omaha, NE 68154
Phone: (402) 345-2200
www.ne.easterseals.com

Goodwill Industries (Douglas & Sarpy Counties)
1111 South 41st Street
Omaha, NE 68105
Phone: (402) 341-4609
www.goodwillomaha.com

Goodwill Industries - Partnership for Youth Development
2421 North 24th Street
Omaha, NE 68110
Phone: (402) 342-2203
www.goodwillomaha.com

Goodwill Industries - Youthbuild Omaha
3223 North 45th Street
Omaha, NE 68104
Phone: (402) 457-7840
www.goodwillomaha.com

Greater Omaha Workforce Development - Job Service
2421 North 24th Street
Omaha, NE 68110
Phone: (402) 996-8090

Heartland Temporaries
4232 “L” Street
Omaha, NE 68107
Phone: (402) 733-8663

Job Club
Career Solutions & Ollie Webb
1941 South 42nd Street, Suite 122
Omaha, NE 68105
Phone: (402) 342-4118, ext 119

Job Corps
2808 North 75th Street
Omaha, NE 68124
Phone: (402) 926-2810
jobcorps.dol.gov/centers/ne.htm
Employment

Latino Center of the Midlands
4821 South 24th Street
Omaha, NE 68107
Phone: (402) 733-2720
www.latinocenterofthemidlands.org

Nebraska Workforce Development Center
5404 Cedar Street
Omaha, NE 68106-2365
Phone: (402) 595-3000
www.workforce.state.ne.us

2421 North 24th Street
Omaha, NE 68110-2282
Phone: (402) 444-4700
(402) 444-3755
www.workforce.state.ne.us

406 East 6th Street
Fremont, NE 68025
Phone: (402) 727-3250
905 Third Corso
Nebraska City, NE 68410
Phone: (402) 873-3384
www.workforce.state.ne.us

Opportunities Industrialization Center, Inc. – Adult Care Program
2724 North 24th Street
Omaha, NE 68110
Phone: (402) 457-4222

Senior Employment Program (ENOA)
4223 Center Street
Omaha, NE 68105
Phone: (402) 444-6684
www.enoa.org

Southern Sudan Community Association
4819 Dodge Street
Omaha, NE 68132
Phone: (402) 554-0759
www.sscainternational.org

Urban League of Nebraska
3040 Lake Street
Omaha, NE 68111
Phone: (402) 451-1066
www.urbanleague.neb.org

VODEC
Phone: (712) 328-2638
www.vodc.org

Veteran Employment (Washi Douglas, and Sarpy Counties)
5404 Cedar Street
Omaha, NE 68106
Phone: (402) 595-3000

Vocational Rehabilitation – N Department of Education (Douglas, Dodge, Cass, Sarpy, Washington Counties)
1313 Farnam on the Mall
Omaha, NE 68102
Phone: (402) 595-2100
TDD: (402) 595-2107
Toll-free: (800) 554-3382
www.vocrehab.state.ne.us

YWCA Transitions Career Services Program (Cass, Douglas, Sarpy Counties)
222 South 20th Street
Omaha, NE 68131
Phone: (402) 345-6555
www.ywcaomaha.org
Tutoring/Educational Services

By My Side Tutoring Program
815 North Broad Street
Fremont, NE 68025
Phone: (402) 721-0817

Creighton University Educational
Talent Search Program
2500 California Plaza
Omaha, NE 68178
Phone: (402) 280-2314
www.creighton.edu

Downtown YMCA
430 South 20th Street
Omaha, NE 68102
Phone: (402) 341-1600
www.metroymca.org

Eastern Nebraska Community
Action Partnership
(Formerly Greater Omaha
Community Action - GOCA)
2406 Fowler Avenue
Omaha NE 68111
Phone: (402) 453-5656
www.gocaomaha.org

Edmundson Outreach (YMCA)
4400 1/2 Fontenelle Blvd
Omaha, NE 68104
Phone: (402) 455-1285
www.metroymca.org

Educare
2123 Paul Street
Omaha, NE 68102
Phone: (402) 898-1783
www.educareomaha.com

Educational Service Unit #3 (ESU 3)
6949 South 110th Street
Omaha, NE 68128
Phone: (402) 597-4800
www.esu3.org

EducationQuest Foundation
11031 Elm Street
Omaha, NE 68144
Phone: (402) 391-4033
www.educationquest.org

Hope Center for Kids
2200 North 20th Street
Omaha, NE 68110
Phone: (402) 341-4673
www.hopec.cfwebtools.com

Kids Can (Social Settlement)
4860 “Q” Street
Omaha, NE 68117
Phone: (402) 731-6988
www.socialsettlement.org

LaFern Williams Center
3010 “R” Street
Omaha, NE 68107
Phone: (402) 444-7700

Learning Disabilities Association
3135 North 93rd Street
Omaha, NE 68134
Phone: (402) 348-1567
www.ldaafrica.org

Learning RX
14217 Dayton Circle
Omaha, NE 68137
Phone: (402) 991-5335
www.learningrx.com

Literacy Center for the Midlands
3610 Dodge Street, Suite 110W
Omaha, NE 68131
Phone: (402) 342-7323
www.midlandsliteracy.org

Maple Street YMCA
7502 Maple Street
Omaha, NE 68134
Phone: (402) 393-3700
www.metroymca.org
Tutoring/Educational Services

Mosaic Community Development
1258 South 13th Street
Omaha, NE 68108
Phone: (402) 676-0204
www.mosaicccd.org

Omaha Public Schools Adult Basic Education
3230 Burt Street
Omaha NE 68131
Phone: (402) 557-2620
www.ops.org

Parent Training and Information Center (PTI)
3135 North 93rd Street
Omaha, NE 68134
Phone: (402) 346-0525
www.pti-nebraska.org

Sarpy County YMCA
1111 East 1st Street
Papillion, NE 68046
Phone: (402) 339-9861
www.metroymca.org

Small Wonders
358 North 41st Street
Omaha, NE 68131
Phone: (402) 553-4003
www.smallwonderstutorial.com

South Omaha Boys and Girls Club
5054 South 22nd Street
Omaha, NE 68107
Phone: (402) 733-8333
www.bgcomaha.org

YMCA Teen Center
4344 North 34th Avenue
Omaha, NE 68111
Phone: (402) 451-1050
www.metroymca.org

GED

Metropolitan Community College
402-457-2400

Omaha Public Schools
402-557-2620

Safe Haven Community Center
402-932-6103

Eastern NE Community Action Partnership
402-453-5656
Hospitals/Clinics

Boys Town National Research Hospital
555 North 30th Street
Omaha, NE 68131
General: (402) 498-6511

Boys Town Medical Clinic
525 North 132nd Street
Omaha NE 68154
Phone: (402) 493-8888
www.boystownpediatrics.org

Children's Hospital & Medical Center
8301 Dodge Street
Omaha, NE 68114
Emergency: (402) 955-5150
General: (402) 955-5400

Creighton University Medical Center
601 North 30th Street
Omaha, NE 68131
General: (402) 449-4000

Douglas County Community Mental Health Center
4102 Woolworth Avenue
Omaha, NE 68105
General: (402) 444-7930

Ehrling-Bergquist Hospital (Military Only)
2501 Capehart Road
Bellevue, NE 68005
Emergency: (402) 294-7332

Fremont Area Medical Center
450 East 23rd Street
Fremont, NE 68025
General: (402) 721-1610 48

Jennie Edmundson Hospital
933 East Pierce Street
Council Bluffs, IA 51503
Emergency: (712) 328-6000
General: (712) 396-6000

Bergan Mercy Medical Center
7500 Mercy Rd
Omaha, NE 68124
Emergency: (402) 398-6161
General: (402) 398-6060

Elkhorn Family Medicine Clinic
1130 North 204th Ave
Elkhorn, NE 68022
General: (402) 289-3377

Charles Drew Health Center
2915 Grant Street
Omaha, NE 68111
Phone: (402) 451-3553
www.cdhcmedical.com

OneWorld Community Health Center
4920 South 30th St Suite 103
Live Stock Exchange Building
Omaha, NE 68107
Phone: (402) 734-4110

Immanuel Medical Center
6901 North 72nd St
Omaha, NE 68122
Emergency: (402) 572-2225
General: (402) 572-2121

Lakeside Hospital
16901 Lakeside Hills Court
Omaha, NE 68130
Emergency: (402) 717-8111
General: (402) 717-8000

Midlands Hospital
11111 South 84th St
Papillion, NE 68046
Emergency: (402) 593-3550
General: (402) 593-3000
Hospitals/Clinics

Methodist Hospital
8303 Dodge Street
Omaha, NE 68114
Emergency: (402) 354-4424
General: (402) 354-4000

Nebraska Health Systems
Clarkson Medical Center
4350 Dewey Avenue
Omaha, NE 68131
Emergency: (402) 552-5257
General: (402) 552-2000

Nebraska Health Systems
University of Nebraska Medical Center
600 South 42nd Street
Omaha, NE 68131
Emergency: (402) 559-6637
General: (402) 552-2000

VA Medical Center
4101 Woolworth Avenue
Omaha, NE 68105
General: (402) 346-8800
Utility Assistance

American Red Cross
2912 South 80th Avenue
Omaha, NE 68124
Phone: (402) 343-7755
www.redcrossomaha.org

Bellevue Human Services
1908 Hancock Street
Bellevue, NE 68005
Phone: (402) 293-3138

Douglas County General Assistance
4102 Woolworth Avenue
Omaha, NE 68105
Phone: (402) 595-3400

Eastern Nebraska Community Action Partnership
(Formerly Greater Omaha Community Action - GOCA)
2406 Fowler Ave (North)
Omaha, NE 68111
Phone: (402) 453-5656

Heartland Family Service (Bellevue)
116 East Mission Avenue
Bellevue, NE 68005
Phone: (402) 291-6065
www.heartlandfamilyservice.org

Heartland Family Service (Omaha)
2101 South 42nd Street
Omaha, NE 68105
Phone: (402) 553-3000
www.heartlandfamilyservice.org

Heartland Family Service (Papillion)
1246 Golden Gate Drive, Suite 2
Papillion, NE 68046
Phone: (402) 339-2544
www.heartlandfamilyservice.org

Holy Family Door Ministry
1715 Izard Street
Omaha, NE 68102
Phone: (402) 341-6561

Juan Diego Center
5211 South 31st Street
Omaha, NE 68107
Phone: (402) 731-5413
www.ccomaha.org

Low Income Ministry
549 North “H” Street
Fremont, NE 68026-0598
Phone: (402) 727-6884
(402) 727-1595
www.connectfremont.org

Energy Assistance (Douglas & Sarpy Counties)
Health and Human Services
1215 South 42nd Street
Omaha, NE 68105
Phone: (402) 595-3400

Lutheran Metro Ministries
4205 Boyd Street
Omaha, NE 68111
Phone: (402) 453-3774

Halo Club
PO Box 8784
Omaha, NE 68108
Phone: (402) 342-7600
www.mutualofomaha.com/halo

Metropolitan Utilities District
Energy Intervention (MUD)
1723 Harney Street
Omaha, NE 68102
Phone: (402) 595-3770
www.mudomaha.com
Utility Assistance

Nebraska Health and Human Services (Cass County)
546 Avenue A
Platsmouth, NE 68048
Phone: (402) 286-0000
(800) 776-1188

Nebraska Health and Human Services (Dodge County)
124 East 5th Street
Fremont, NE 68025
Phone: (402) 727-3200
(800) 467-9922

Salvation Army (Fremont)
707 North “I” Street
Fremont, NE 68025
Phone: (402) 721-0930
www.salvationarmyusa.org

Salvation Army Material and Seasonal Assistance
3612 Cuming Street
Omaha NE 68131
Phone: (402) 898-5860
www.salvationarmyusa.org

Sarpy County General Assistance
1308 Gold Coast Rd, Suite 500
Papillion, NE 68046
Phone: (402) 593-4400

SENCA- Southeast Nebraska Community Action Council
427 Main Street
Platsmouth, NE 68048
Phone: (402) 296-4477
www.senca.org

St. Vincent de Paul
2101 Leavenworth Street
Omaha, NE 68102
Phone: (402) 346-5445
Mentoring

All Our Kids
1004 Farnam Street, Suite 200
Omaha, NE 68102
Phone: (402) 930-3000
www.allourkids.org

Big Brothers/Big Sisters
4902 Hamilton Street
Omaha, NE 68132
Phone: (402) 330-2449
810 North Lincoln
Fremont, NE 68025
Phone: (402) 721-0329
www.bigomaha.org  www.bbbs.org

Center for Holistic Development Inc.
6663 Sorenson Parkway
Omaha, NE 68152
Phone: (402) 502-9788
www.chdomaha.org

Girls Inc. Pathfinders
Mentoring Program
2811 North 45th Street
Omaha, NE 68104
Phone: (402) 457-4676
www.girlsinc.com/omaha

Ollie Webb Center Just
Friends Program
1941 South 42nd Street, Suite 122
Omaha, NE 68105
Phone: (402) 346-5220
www.olliewebbinc.org

Release Ministries
3223 North 45th Street
Omaha, NE 68104
Phone: (402) 455-0808
www.releaseministries.org

TeamMates
222 Kiewit Plaza
Omaha, NE 68131
Phone: (402) 390-8326
www.teammates.org
Transportation

Metro Area Transit (MAT)
2222 Cuming Street
Omaha, NE 68102
Phone: (402) 341-0800
www.metroareatransit.com
Emergency, Police, Fire & Rescue

**DIAL 911**

**DOUGLAS COUNTY**

Bennington Volunteer Fire and Rescue
Phone: (402) 238-2727

Elkhorn Suburban Fire Department
Phone: (402) 444-3560

Omaha Fire and Rescue
Phone: (402) 444-3560

Ralston Volunteer Fire and Rescue
Phone: (402) 331-5369

**SARPY COUNTY**

Sarpy County Sheriff
1208 Golden Gate Drive
Papillion, NE 68048
Phone: (402) 593-4111

La Vista Volunteer Fire and Rescue
Phone: (402) 331-4748

Papillion Fire and Rescue Department
Phone: (402) 339-8617

Bellevue Police Department
2207 Washington Street
Bellevue, NE 68005
Phone: (402) 293-3100
www.bellevuepd.com

Bellevue Volunteer Fire Department
Phone: (402) 293-3153

Gretna Volunteer Fire and Rescue
Phone: (402) 332-3336, ext 8

**WASHINGTON COUNTY**

Washington County Sheriff
1535 Colfax
Blair Nebraska 68008
402-426-6866
http://www.co.washington.ne.us/sheriff.html
Emergency, Police, Fire & Rescue

Arlington Volunteer Fire and Rescue
Phone: (402) 478-4576

Blair Police Department
Phone: (402) 426-4747

Fort Calhoun Fire and Rescue
Phone: (402) 468-5861

Boys Town National Hotline
1-800-448-3000

Child Protective Services (CPS) Hotline
800-652-1999

Suicide Prevention Hotline
1-877-885-4673

National Suicide Crisis Hotline
1-800-SUICIDE
Support Groups

FYIS Social Club
Epworth Church on 26th and B in Council Bluffs. Come into the side
door. Those who are wanting to find a place to meet friends, a place
where they can feel accepted and be able to build confidence and
raise self-esteem through communication and encouragement.
402-630-7355 • 402-651-8747

Overeaters Anonymous
Overeaters Anonymous offers a program of recovery from compulsive
overeating using the Twelve Steps and Twelve Traditions of OA. Worldwide
meetings and other tools provide a fellowship of experience, strength and
hope where members respect one another’s anonymity. OA charges no
dues or fees; it is self-supporting through member contributions.

DivorceCare: Weekly Seminar & Support Group.
Sessions are held on Tuesday nights from 7 - 9 p.m. in the library at Southwest
Church of Christ, 2600 S. 124th Street (124th & W. Center Rd.), Omaha. For people
who are separated or divorced. Call 333-6536 or visit Southwest Church of Christ.

12 Step House
7306 Grant
12 Step Recovery Meetings for alcohol, gambling, co-dependancy, sex
addiction, cocaine...The current meeting schedule can be found at
12 Step House • 453-6374

GriefShare
Grief Recovery Support Group Celebration Covenant Church located at 16868
Giles Road. Griefshare features nationally recognized experts on grief and recovery
topics. Seminars include “The Journey of Grief”, “When Your Spouse Dies”,
“The Effects of Grief”, “Your Family and Grief”, “Why?”, and “Stuck in Grief”.
For more information call Celebration Covenant church at 894.9191 -or- 891.7106.

Parents Without Partners.
The organization provides several social opportunities each month. “Single parent”
is anyone who is either the natural or adoptive parent of a child and is single as
a result of divorce, death, or having never been married. Custody is not an issue.
New member orientation is held the first Saturday of the month at 6:30 p.m.,
and the third Thursday of the month at 7 p.m. The new member orientations are
held at Underwood Hills Presbyterian Church, 851 N. 74th Street, Omaha.

Nebraska Domestic Violence Sexual Assault Coalition.
NDVSAC, 825 “M” Street #404, Lincoln, NE 68508,
(402) 476-6256, info@ndvsac.org.
Support Groups

Voices for Victims of Problem Gamblers.
A victim advocacy organization that provides education, a wellness program, and counseling by recovered victims and qualified volunteers.

The Phoenix House Offers Shelter, Crisis Line, and Other Services.
Services include: confidential shelter, crisis counseling, legal and medical advocacy, rape crisis counseling, child advocacy, community presentations, professional training, education, and support groups. For immediate assistance, call the 24-Hour Crisis Line at 328-0266 or 1-888-612-0266. To contact the Phoenix House, call (712) 256-2059 or email phoenixhouse@dmdioce.se.org.

Vet Centers Provide Counseling for Veterans & Families.
Support for war veterans, National Guard personnel, military reservists, and their families.

The Gardener Homeschool Group.
The Gardener is a networking resource for homeschool families throughout the metro area in Nebraska and Iowa. The group offers a monthly speaker meeting for parents, field trips, a drama program for grades 7-12, and educational tour opportunities overseas. Call (712) 322-7364 for meeting location and further details.

Community Friends Support Group.
The monthly meetings are held at Madonna Rehabilitation Hospital, Research & Education Area, 5401 South Street, Lincoln, NE. Community Friends is a self-help program facilitated by qualified volunteers and professionals. This group offers support and networking to promote healthy grieving and recovery for those who have experienced the death of a child. The monthly on-going open-ended meetings are based on the process of sharing experience, seeking information, and offering support. For information about meetings, please call (402) 481-3068 or 470-3203.

The Compassionate Friends, Greater Omaha Chapter.
A safe place to share feelings due to the loss of a child. TCF is a group of men and women who encourage one another to “go on” when facing another day seems impossible. No one is required to talk at meetings. You are asked to listen as other share their stories. TCF has no religious affiliation. Everyone—those with religious beliefs and those without—is welcome. For more information, call (402) 571-4011 or email tcfomaha@hotmail.com.

Senior Caregiver Support Group.
Free and open to the public. Meetings are held at Jennie Edmundson Hospital, Family Resource Center, Ground Floor, 933 E. Pierce, Council Bluffs, IA. Call 396-4200 for information about the support group.

Young Widow & Widowers Group.
Call 493-5638 for information.
Support Groups

Parents United of the Midlands Support Group.
The mission of this organization is to “reduce the incidence, trauma, and secrecy of child sexual abuse by providing professionally guided, self-help groups for children who have been sexually abused, adults who were sexually abused as children, and their families.” A program of Lutheran Family Services of Nebraska, Inc. Call or visit the Parents United web site for more information.

Self-Help for the Hard of Hearing (SHHH).
At the Dundee Presbyterian Church, 5312 Underwood Ave., Omaha, NE. For information, call (402) 558-6449 or (402) 554-1543 V/TTY. Or visit the SHHH on the web: www.shhh.org.

Nebraska Council on Compulsive Gambling
Nebraska Council on Compulsive Gambling is neither for nor against gambling—rather, they are for getting those affected by gambling the help they need to overcome problem gambling. Contact the Nebraska Council on Compulsive Gambling: Write to 119 W. Mission Avenue, Suite G, Bellevue, NE 68005. Or call (402) 292-0061 or 1-800-560-2126. Or visit www.nebraskacouncil.com.

Ollie Webb Center
The Ollie Webb Center seeks to improve the lives of people with mental retardation and other developmental disabilities. Additionally, the Center provides information, education, and support to their families. For information about programs, training sessions, resources, volunteer opportunities, and more, please call (402) 346-5220. Or visit the Ollie Webb Center’s web site: www.olliewebb.org.

DAV: Disabled American Veterans.
For information, contact DAV: National Headquarters, P.O. Box 14301, Cincinnati, Ohio, 45250-0301, (859) 441-7300, Fax (859) 441-1416, Toll Free (877) 426-2838, www.dav.org.

League of Human Dignity.
The League of Human Dignity actively promotes the full integration of individuals with disabilities into society, by advocating their needs and rights, and by providing quality services to involve these persons in becoming and remaining independent citizens. Contact the League of Human Dignity for information, assistance, to help, or to make a donation. In Omaha: Center for Independent Living and Mobility Options, 5513 Center Street, Omaha, NE, 68106, (402) 595-1256. In Lincoln: Center for Independent Living and Mobility Options, 1701 “P” Street, Lincoln, NE, 68508, (402) 441-7871.

Call 734-0681 for information.
Support Groups

Great Plains Paralyzed Veterans of America.
The Great Plains PVA helps members and their families, and people with disabilities across Nebraska. This organization strives to provide educational, vocational, social, and recreational activities. Please contact the PVA for more information. Call 398-1422 or 1-800-454-7782. Or Email pva@greatplainspva.org. Or visit www.url-http://greatplainspva.org.

Alzheimer's and Dementia Support Group
Meets 3rd Wednesday of the month, 7:00 p.m.
Fountain View Senior Living
5710 South 108th Street
Omaha, Nebraska
Contact: Sabrina Kusek, (402) 596-9033 or (402) 708-5494

A.S.K (Alphabet Soup Kids) Family Support Group
For families affected with mental/behavioral health issues
Meets first Tuesday and third Thursday of the month
7 p.m. – 8:30 p.m.

Chabad House
1866 S. 120th Street
Omaha, Nebraska
Contact: Mary at 402.905.2664 or Jen at 402.640.4258

Co-Dependents Anonymous
Meetings Sunday through Saturday
Visit www.codaomaha.org and click on “Meetings” for times and locations
Omaha, Nebraska. Contact: codaomaha1@hotmail.com or (402) 449-1716

Daughters & Sons United
Support group for children/adolescents (ages 8-18) affected by childhood sexual abuse (survivors and their siblings)
Must currently be in therapy to attend
Meets every Wednesday from 5:45-7:15pm at Lutheran Family Services’ downtown office
There is no charge to attend this group
To enroll, must contact Lisa Pohl, M.A., PLMHP at (402) 978-5635

Depression and Bipolar Support Alliance (DBSA) Omaha New Hope
www.omahanewhope.com
Contact: Randy Hughell, (402) 990-8012 or Tom Gollobit,
(402) 502-4673 or newhope.dbsa@gmail.com
Support Groups

Depression and Bipolar Support Alliance (DBSA)
Meets Tuesdays • 7:00 p.m. – 9:00 p.m.
Christ Community Church
405 South 108th Avenue
Omaha, Nebraska
Babysitting available for ages (0-5)
Contact: Cindy, (402) 677-5989 or Randy, (402) 990-8012

Depression and Bipolar Support Alliance (DBSA)
Meets Thursdays • 7:00 p.m. – 9:00 p.m.
Morning Star Lutheran Church
331 South 85th Avenue
Omaha, Nebraska
Contact: Randy, (402) 990-8012

Depression and Bipolar Support Alliance (DBSA)
Meets Sundays • 7 p.m. – 9 p.m.
St. Pius X Parish
6905 Blondo Street
Contact: Monte, (402) 391-2417 or Tracy, (402) 690-7218

Family Advocacy Movement
Meets every Thursday • 5:30 p.m. – 8 p.m.
Café Annie’s
78th & Cass
Omaha, NE
Contact: Melanie@family
advocacymovement.com

Family & Consumer Education & Support Meeting
NAMI Omaha Affiliate Meeting
Meets 1st Thursday of the month • 6 p.m. – 8 p.m.
Community Alliance
4001 Leavenworth Street
Omaha, Nebraska
Conference Room on Third Floor
Contact: (402) 881-5537

Family to Family Support
Meets first and third Saturday • 3 p.m. – 4:30 p.m.
Douglas County Health Center
4102 Woolworth Ave.
Enter on Lobby Level – take elevator to first floor,
Meeting is in Town Hall 3 & 4)
Contact: 402.444.5200
Support Groups

Family Support Meetings
Meets first Tuesday, second Wednesday, third Thursday and fourth Monday of the month • 7 p.m. – 8:30 p.m.

Nebraska Family Support Network
3568 Dodge Street (west entry)
Call NFSN 402.345.0803
Family Support Meeting
Meets first Saturday of the month • 9:00 a.m.
St. James Church
9025 Larimore Avenue
Omaha, Nebraska
Contact: Anita Fitzekam, (402) 659-4135

Fresh Hope
a Christian support group for those with mood disorders
Meets Mondays at 7:00pm
visit www.freshhope.us

Lasting Hope Recovery Center
415 South 25th Street
Omaha, NE
Enter through the main door
Contact 763-9255

Gamblers Anonymous
Meets various days and times
Visit www.nebraskacouncil.com and click on “Gamblers Anonymous” for times and locations
Omaha, Nebraska
Contact: (402) 978-7557

NAMI Connection Support Group
Meets Mondays • 6:30 p.m. – 8 p.m.
Community Alliance Jones Street Location
7117 Jones Circle
Omaha, Nebraska
Contact: Roni Dworak-Wilder, (866) 403-0077

NAMI Connection Support Group
Meets Mondays • 3:00 p.m. – 4:30 p.m.
Community Alliance
4001 Leavenworth Street
Omaha, Nebraska
Contact: Roni Dworak-Wilder, (866) 403-0077
Support Groups

NAMI Connection Support Group
Meets Monday • 6 p.m. - 7:30 p.m.
Immanuel Three Professional Ctr.
7101 Newport Avenue
Woodman Conference Room - (First Floor)
Contact: Theresa Sullivan (402) 708-4980

NAMI Connection Support Group
Meets Tuesdays • 6:00 p.m. - 7:30 p.m.
Lasting Hope Recovery Center
415 South 25th Avenue, North Entrance
Omaha, Nebraska
Contact: Roni Dworak-Wilder, (866) 403-0077

NAMI Connection Support Group
Meets Wednesdays • 3 p.m. - 4:30 p.m.
Douglas County Health Center
4102 Woolworth Avenue
(Enter on Lobby Level – Take Elevator to First Floor – Meeting Is In Town Hall 3&4)
Contact: Theresa Sullivan (402) 708-4980

NAMI Connection Support Group
Meets Wednesdays • 6:30 p.m. - 8 p.m.
Immanuel Three Professional Ctr.
7101 Newport Avenue
Woodman Conference Room - (First Floor)
Contact: Theresa Sullivan (402) 708-4980

NAMI Connection Support Group
Meets Wednesdays • 7:00 p.m. - 8:30 p.m.
Salvation Army (Dora Bingel Center)
923 North 38th Street, Enter on North side of building
Omaha, Nebraska
Contact: Roni Dworak-Wilder, (866) 403-0077

NAMI Connection Support Group
Meets Thursday • 7 p.m. - 8:30 p.m.
Lakeside Hospital
16901 Lakeside Hills Court
Swanson Education Conference Center - Conference Room C.
Contact: Theresa Sullivan (402) 708-4980

NAMI Connection Support Group
Meets Fridays • 7 p.m. - 8:30 p.m.
Messiah Lutheran Church
5015 South 80th Street
Contact: Theresa Sullivan (402) 708-4980
Support Groups

NAMI Connection Support Group
Meets Fridays • 7:00 p.m. – 8:30 p.m.
Lasting Hope Recovery Center
415 South 25th Avenue, North Entrance
Omaha, Nebraska
Contact: Roni Dworak-Wilder, (866) 403-0077

Omaha’s Compulsive Shoppers Anonymous (CSA)
Meets every Thursday • 6 p.m. – 7 p.m.
Bergan Mercy Medical Center
Downstairs Conference Room
Contact: Jeri Schaben at 402.444.5200

Parents United
Support group for adults affected by childhood sexual abuse
(survivors, protective parents, offenders, supporters)
Must currently be in therapy to attend
Meets every Tuesday from 7-9pm at an undisclosed location in Omaha
Cost is $1 per week (scholarships are available)
To enroll, must contact Lisa Pohl, M.A., PLMHP at (402) 978-5635

P.O.S.T. (Parents of Suicides Together)
Meets 2nd Tuesday of every month • 7:00 p.m.
St. Andrew’s Episcopal Church
84th and Pacific
Omaha, Nebraska
Contact: Laraine Peck, (402) 496-0309 or lpeck@tconl.com

Post Traumatic Stress Disorder Survivors Group
Meets every Thursday • 7p.m.
Westminster Presbyterian Church
3416 Woolworth Avenue

Returning Veterans Resource Network
Meets Mondays • 7:00 p.m.
Forty and Eight (lower level)
78th and Spring Streets
Omaha, Nebraska

Sexaholics Anonymous of Nebraska
Meets various days and times
Visit www.sanebraska.org for times and locations
Omaha, Nebraska
Contact: sanebraska@yahoo.com or (800) 810-2831
Support Groups

Omaha and Council Bluffs Grief Support Groups

Adult Whose Family Member or Friend has Died

• After Care Grief Support Group  
  Crown Point Retirement Center  
  2820 S 80th Street  
  Sponsored by Heafey-Heafey-Hoffman-Dworak-Cutler Funeral Chapel  
  Call Sharon Zehnder at (402) 391-3900  
  2nd Sunday of each month at 6:00 p.m.

• After Care Grief  
  The Center  
  714 S Main St  
  Council Bluffs  
  Sponsored by Cutler-O'Neill-Meyer-Woodring Funeral Chapel  
  Call Rev. Dick Sladky at (402) 322-7779  
  2nd and 4th Thursdays, 4:30 - 6:00 p.m.

• 6 Week Bereavement Support Group  
  St Andrews Episcopal Church  
  925 S 84th St  
  Sponsored by Methodist, Alegent and VNA Hospices  
  Call Mo at Methodist, (402) 354-3200, or Ruth or Jessica at VNA,  
  (402) 930-4261, or Jan or Mary at Alegent (402) 898-8150  
  6 week sessions in the fall and spring  
  Pre-registration required  
  Please call for dates and times

• Gentle Support  
  John A Gentleman Mortuary  
  1010 N 72nd St. (Western)  
  Sponsored by John A. Gentleman Mortuary  
  Call Rosemary Flecky at (402) 691-8000  
  Wednesdays at 2:00 - 3:15 p.m.  
  6 week sessions

• Partners on the Journey  
  John A Gentleman Mortuary  
  14151 Pacific Street  
  Sponsored by John A. Gentleman Mortuary  
  Call Rosemary Flecky at (402) 691-8000  
  Thursdays at 7:00 - 8:15 p.m.  
  6 week sessions
Support Groups

- Grief Recovery Outreach Program
  Midlands Community Hospital
  Sponsored by Papillion Kahler-Dolce Mortuary
  Call Mary Pat Wolf at (402) 339-3232
  12 week series • Starts Tuesdays in November
  Open seminar, followed by a 12- week program • Cost • Call to Register

- Surviving Bereavement: Life Continues
  Holling Education Center, Immanuel
  6901 N 72nd Street
  Sponsored by Alegent Health
  Call Linda Dempsey at (402) 572-2768
  Thursday 7:00 - 8:30 p.m., Spring and Fall • 6 week series • $20.00

- GriefShare
  13 week video series in various locations in Omaha • www.griefshare.org
  or Kay Jaton 402-598-6251

- H.U.G.S. Healing and Understanding Grief Supportively
  Center for Holistic Development
  6663 Sorensen PKY
  Sponsored by Center for Holistic Development • Call Doris Mooreat (402) 502-9788
  2nd Saturday of every month 9:00 - 10:00 a.m.

- Walking through the Valley Grief Support Group
  Crown Point Retirement Center
  2080 S 80th Street (off W Center Frontage Rd)
  Sponsored by Heafey Hoffman Dworak and Cutler Mortuaries
  Call Sharon Zehnder at (402) 391-3900 • 2nd and 4th Tuesdays, 10:00 - 11:30 a.m.

- Coping
  Call for location
  Sponsored by Family Life Office, Archdiocese of Omaha
  Call Pat Seier at (402) 827-3738 • Seasonal 4 - 5x per year
  Six week educational and support group • Widows

- Care and Share Widows Group
  2808 Ave. E
  Council Bluffs, IA
  Sponsored by Church of the Brethren
  Call Jeri Hurd for more information at (712) 322-8448
  3rd Friday 10:00 a.m.
Support Groups

Widows and Widowers

• Beginning Experience Week-end
  3214 N 60th Street
  Sponsored by Family Life Office, Diocese of Omaha
  Call Pat Seier at (402) 827-3738
  Week-end Support group for those who have already
gone through the initial stages of grief • $95

• Widowed and Divorced Catholics
  (Open to all denominations)
  St James Center, 9212 Tomahawk Blvd (Accessed from 90th St).
  Sponsored by Family Life Office, Diocese of Omaha
  Call Pat Seier at (402) 827-3738 • 2nd Tuesday of each month at 7:30 p.m.
  Other social events at various times
  Support and Socialization for Widows and Widowers

• After Care Grief Support Group
  Lunch meeting at Venice Inn
  6920 Pacific Street
  Sponsored by Heafey- Heafey- Hoffman- Dworak- Cutler Funeral Chapel
  Call Sharon Zehnder at (402) 391-3900 • Wednesdays at 11:30 a.m.

• Theos (They Help Each Other Spiritually)
  First Church of the Cross
  1517 S 114th Omaha
  Sponsored by First Presbyterian Church of the Cross
  Call Marge Torpey at (402) 399-0759 or Mary at (402) 393-3052
  2nd Monday of each month 7:30 p.m. • Social activities

• Young Widows and Widowers
  Meets at local restaurant
  Various other activities
  Call for more information
  Sponsored by Lay facilitator
  Call Martha Brown at (402) 682-9606, or Barb Walker at
  (402) 493-5638, or Jill Russell at (402) 398-1311
  1st Thursday of each month at 6:30 p.m.
  Dinner meeting, group activities newsletter

• Widowed Persons Service
  808 S 74th St
  Call Linda Krause at (402) 397-4440
  Call for more info
Support Groups

Children ages 5-19 who are adjusting to a death

- Who Am I Now?
3214 N 60th Street
Sponsored by Family Life Office, Diocese of Omaha
Call for more information at (402) 551-9003
6 week coping program held in the summer
Call for location • Open to all denominations

- Rainbow Program
Sponsored by Family Life Office, Diocese of Omaha
Call Pat Seier at (402) 827-3738
Program that visits the schools • Public and private

- Ted E Bear Hollow: A Center for Grieving Children
(ages 4-19 years) and their families
Ted E Bear Hollow
PO Box 4823
Omaha, Ne 68104
Sponsored by Center for Hope and Healing
5701 W Center
Call Sarah Atchison at (402) 502-2773
Monthly support groups for children and families
9:30 - 11:00 a.m. (2nd Saturday each month)
8 wk. support series offered throughout the year

- Ted E Bear Hollow Kids Kamp
Call for location
Sponsored by Ted E Bear Hollow
Call Sarah Atchison at (402) 502-2773
1-day camp held in the Fall and Spring to help
grieving children, teens and their parents

Children of Parent with Cancer

- Just for Kids and Teen Connection
Bergan Mercy
Sponsored by Alegent
Call Linda Reese at (402) 731-3033 or Cindy Bang at (402) 332-4420
Call for details
Parents Who Have Lost a Child

- Living with Loss
  Children's Hospital
  8200 Dodge St
  Sponsored by Children's Hospital
  Call Sheila Mee-Pastoral Care at (402) 955-5661
  8 week series-Spring and Fall

- Pregnancy and Newborn Loss Support Group
  Health West
  16120 W Dodge Road
  Sponsored by Methodist Hospital
  Call Ken Rood at (402) 354-4016
  3rd Thursday of each month at 7:00 - 8:30 p.m.

- Compassionate Friends
  Go to www.tcfromaha.org
  Call (402) 571-4011 or mail@tcfromaha.org for more information
  English Meeting 1st Thursday of each month, 7:00 p.m.
  Spanish Meeting 3rd Wednesday of each month, 7:00 p.m.
  Lunch Meeting, 3rd Tuesday of each month, 12 Noon

- Share: Miscarriage, stillbirth or neo-natal death
  Private residence
  621 Arnold
  Council Bluffs
  Call Peggy Golden at (712) 322-4464
  1st Wednesday of each month 7:30 - 9:00 p.m.

Adults Affected by Babies Who Have Been Shaken
(Death or Severely Handicapped)

- Progressions
  Site rotates. Call for location.
  Call Debbie Phelps at (402) 339-7075 or Gina Hadley (402) 399-0759
  3rd Tuesday of each month
Support Groups

Adults affected by Loss of Infant due to SIDS

- SIDS Support Group
  1208 Beechwood Av
  Papillion
  Sponsored by NE SIDS Foundation
  Call Lori Clewis at (402) 935-1911
  3rd Tuesday at 7:00 p.m. (Childcare provided)

- SIDS Support Group
  16358 Polk St
  Call Lori Clewis at (402) 935-1911
  1st Tuesday at 7:00 - 8:30 p.m.

- SIDS Support Group
  2815 N 108th
  108th and Maple (Presbyterian Church of the Master)
  Sponsored by New Cassel
  Call Lori Clewis at (402) 935-1911
  1st Monday at 7:00 p.m.
  Young Adults

- Young Adult Beginning Experience
  3214 N 60th St, Omaha
  Sponsored by Family Life Office, Diocese of Omaha
  Call Pat Seier at (402) 827-3738

Just for Moms

MOPS (Mothers of Preschoolers)
MOPS stands for Mothers of Pre-Schoolers (children from birth through kindergarten). This Christian-based organization offers regular meetings that include fellowship, food, speakers/presentations related to motherhood, discussion groups, a MOPPETS program (care and Bible instruction) for children and more.
MOPS-Trinity Lutheran Church
Serving members from Papillion, LaVista, and Bellevue, this group meets at Trinity Lutheran Church in Papillion.
Email: papillionmops@gmail.com
MOPS Calvary Christian Church Bellevue
10100 Cedar Island Rd, Bellevue (402) 293-1700
Support Groups

**Mother-to-Mother Support Network of Omaha**
The purpose of this program is to provide support to women during the transition to motherhood, allowing them a forum to speak openly with others experiencing similar feelings as well as information resources to aid in coping with postpartum mood disorders.

**Blair MOPS**
Serving members in the Blair, NE area. They meet at Country Bible Church.

**Brookside MOPS**
Meetings are held at Brookside Church, 11607 M Circle in Omaha. Whether you are a first time mom or your child is heading to preschool, MOPS (Mothers of Preschoolers) is a place for moms to connect, be encouraged, and know you aren’t alone on the journey of motherhood.

**Busy Plattsmouth Moms and Kids Meetup (No website)**
Email: plattsmouthmoms@hotmail.com
Busy Plattsmouth Moms & Kids Meetup offers meetings, playdates, activities, and field trips to Plattsmouth area moms who are interested in meeting and spending time with other moms and their children. The group meets in and around Plattsmouth twice monthly in the evenings and on Saturdays. Meetups take place at members’ houses, parks, and educational or fun venues. All ages of children are welcome to attend activities. There are no membership dues.

**Nebraska Children’s Home Society**
One of the oldest child care organizations in the state, Nebraska Children’s Home is a licensed private, non-sectarian, non-profit child agency focused on providing safe and loving care to children of all ages. They provide care through our four main programs: Pregnancy and Adoption; Foster Care; and an Early Childhood Development program focused on strengthening children’s social, academic and life skills.

**Meetup.com**
Meetup.com is a website designed to help you meet others in your community who share your interests. Follow this link to see a list of active Meet Up groups in the Omaha metro area. Included among these groups are several playgroups, moms’ weight loss and exercise groups, groups for moms who work at home, and more.

**New Neighbors League of Omaha**
Brings together newcomers to Omaha where they can meet and make new friends. The group has monthly coffees and luncheons and offers many activities, including playgroups, book clubs, sports, cooking and philanthropy.

**Moms In Touch International**
Moms In Touch International offers local prayer groups for moms who have school-age children. To find out if a group has been established for your child’s school, visit the website listed above.
Support Groups

**ABBA Homeschool Academy**
ABBA Homeschool Academy is a non-profit Christian organization providing educational support, resources, and guidance to homeschooling families.

**La Leche League**
La Leche provides education, information, support and encouragement to women who want to breastfeed.

**New Friends of Omaha**
A club for newcomers and existing members of the community. Activities include monthly luncheons, gatherings, children’s activities, food and drink events, sports and games, special interests and more. Although the group is primarily social, philanthropy is also emphasized.

**Omaha Christian Homeschoolers**
This social site offers a place for homeschoolers in the Omaha metro area to get and share information with others. Omaha Home Educators Network provides information and resources on homeschooling in Nebraska and a list of local support groups for homeschooling parents.

**Omaha Home School Learning Center**
Omaha Home School Learning Center provides a variety of enrichment classes for homeschooled students ages three through high school specifically designed to supplement a home-based curriculum.

**Parents of Multiples Club**
(402) 978-4800 (VoiceMail)
E-mail: omahaparentsofmultiples@yahoo.com
This group provides support and encouragement in the challenging but rewarding experience of raising twins or other multiples.

**PTI Nebraska**
PTI Nebraska is a statewide resource for families of children with disabilities and special health care needs. PTI Nebraska’s staff are parent/professionals and are available to talk to parents and professionals about special education, other services and disability specific information.

**Ted E. Bear Hollow**
Ted. E Bear Hollow is a center that provides programs, events and resources for grieving families, kids, teens, and young adults. They also provide training for professionals who are dealing with a grieving child or family.
Support Groups

Bellevue Moms Chapter of the Depression and Bipolar Support Alliance
(402) 980-5221
The Bellevue Moms Chapter of the Depression and Bipolar Support Alliance is a support group for mothers and women who want to become or are pregnant who are dealing with depression and/or bipolar disorder. The group meets the first and third Monday of every month from 7:00 p.m. to 9:00 p.m. at The Church of the Holy Spirit located at 1305 Thomas Drive in Bellevue.

Childbirth & Breastfeeding Classes
Area hospital systems offer childbirth & breastfeeding education at various locations. Check their websites for more information.
• Alegent Health
• Creighton University Medical Center
• Methodist Health System
• Nebraska Medical Center

La Leche League
La Leche League is an organization that provides education, information, support and encouragement to women who want to breastfeed.

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Support Groups

American Medical Response/Access2Care
American Medical Response/Access2Care provides non-emergency transportation Medicaid eligible clients needing transportation service. Please call the toll-free # to schedule a ride.
1-855-230-5353
TTY: 1-855-230-5354
Monday – Friday 9:00am – 7:00pm (CST)

Kids Connection
Kids Connection is an expansion of Medicaid as health care coverage for qualified children who are without other health insurance and who do not qualify for Medicaid. Federally called the Children’s Health Insurance Program (CHIP), it provides the same services covered under Medicaid. Kids Connection also provides medical care for injuries and includes: doctor's visits, medical care, hospital care, lab tests/x-rays/dental treatment, eyeglasses, counseling, mental health and substance abuse assessment and treatment services.

Nebraska Department of Health & Human Services
Nebraska Department of Health & Human Services Finance & Support
P.O. Box 85801
Lincoln, NE 68509-85801
Phone: 1-800-383-4278 and in Lincoln 402-323-7455
(Select option for General Information and then option for Customer Service Center)
E-mail: Kids.Connection@dhhs.ne.gov

ACCESS
Nebraska is the quick, easy way to find and apply online for Nebraska public assistance benefits. You can apply online or many Nebraska public assistance benefit programs. Use any computer with Internet access—at home, at the library, agencies and the Department of Health and Human Services (DHHS) offices.
Questions About Applying?
800-383-4278
Kiosk locations in Omaha: 1215 S. 42nd Street and 3737 Lake Street

NAMI
Nebraska helps unite parents, spouses, siblings, friends and people who have a mental illness together with mental health professionals to fight for improved treatment, a better quality of life and recovery. NAMI Nebraska is available to support persons on their road to recovery by providing respect and peer support. Consumers have a personal responsibility for their own self-care and journeys of recovery. NAMI Nebraska provides the support for individuals and families on their journey.
NAMI NEBRASKA
402-345-8101
877-463-6264
nami.nebraska@nami.org
Support Groups

Nebraska 2-1-1
Nebraska 2-1-1, hosted by United Way of the Midlands keeps an accurate and comprehensive database that you can use to find health and human services to meet your needs. Our database allows you to browse hundreds of health and human services online, learn about specific programs, intake requirements, eligibility, operation hours and more. You can also call Nebraska 2-1-1 to speak with a trained call specialist who can help you identify services. Just dial 2-1-1 on your home or cell phone, no area code is needed. Certain cell phones may need to dial (402) 444-6666.

Answers4Families Connecting Nebraska’s Families
When there is someone in your family with special needs, you may find yourself looking for answers. Answers4Families.org is Nebraska’s support and information connection for families and professionals seeking assistance. This website is a collection of articles, resources and referrals organized by target groups and needs.

Boys Town National Hotline
Boys Town National Hotline 1-800-448-3000 is a toll-free call for kids and parents. Spanish speaking counselors and translation services for more than 100 languages are available 24 hours a day. If you face problems such as physical, sexual or emotional abuse, chemical dependency, thoughts of suicide, parenting worries or out-of-control children call now.
Easter Seals Nebraska provides exceptional services to help ensure all people with disabilities have an equal opportunity to live, learn, work and play. Easter Seals offers children and adults with disabilities and special needs find quality services designed to meet their individual needs that include: financial services, camps, recreation, transportation, and employment.

Easter Seals Nebraska
Corporate Office
638 North 109th Plaza
Omaha, NE 68154-1722
(402) 345-2200 phone

PTI Nebraska
PTI Nebraska is a statewide resource for families of children with disabilities and special health care needs. PTI Nebraska’s staff are parent/professionals and are available to talk to parents and professionals about special education, other services and disability specific information.
6805 Grover Street, Omaha NE 68106
(402) 346-0525 (800) 284-8520
Emergency Hotlines

Nebraska Family Helpline 1-888-866-8660
Boys Town National Hotline 1-800-448-3000
Child Protective Services (CPS) Hotline 800-652-1999
Suicide Prevention Hotline 1-877-885-4673
National Suicide Crisis Hotline 1-800-SUICIDE

911---Emergency—Police, Fire & Rescue
211----United Way
Poison Control Center 402-354-5555
Omaha Police Dept. 402-444-5636