NSSE 2016
High-Impact Practices
University of Nebraska at Lincoln
About Your High-Impact Practices Report

Due to their positive associations with student learning and retention, certain undergraduate opportunities are designated "high-impact." High-Impact Practices (HIPs) share several traits: They demand considerable time and effort, facilitate learning outside of the classroom, require meaningful interactions with faculty and students, encourage collaboration with diverse others, and provide frequent and substantive feedback. As a result, participation in these practices can be life-changing (Kuh, 2008). NSSE founding director George Kuh recommends that institutions should aspire for all students to participate in at least two HIPs over the course of their undergraduate experience—one during the first year and one in the context of their major (NSSE, 2007).

NSSE asks students about their participation in the six HIPs shown in the box at right. This report provides information on the first three for first-year students and all six for seniors. Unlike most questions on the NSSE survey, the HIP questions are not limited to the current school year. Thus, seniors' responses include participation from prior years.

Report Sections

| Participation Comparisons (p. 3) | Displays HIP participation for your first-year and senior students compared with that of students at your comparison group institutions. Two views present insights into your students' HIP participation:
| Overall HIP Participation | Displays the percentage of first-year and senior students who participated in one HIP and in two or more HIPs, relative to those at your comparison group institutions.
| Statistical Comparisons | Comparisons of participation in each HIP and overall for your first-year and senior students relative to those at comparison group institutions, with tests of significance and effect sizes (see below).

Response Detail (pp. 5-7) | Provides complete response frequencies for the relevant HIP questions for your first-year and senior students and those at your comparison group institutions.

Participation by Student Characteristics (p. 8) | Displays your students' participation in each HIP by selected student characteristics.

Interpreting Comparisons

The "Statistical Comparisons" section on page 3 reports both statistical significance and effect size. Effect size indicates the practical importance of an observed difference. NSSE research has found that interpretations vary by HIP: For service-learning, internships, study abroad, and culminating senior experiences, an effect size of about .2 may be considered small, .5 medium, and .8 large. For learning community and research with faculty, an effect size of about .1 may be considered small, .3 medium, and .5 large (Rocconi & Gonyea, 2015).

 HIP participation varies more among students within an institution than it does between institutions, like many experiences and outcomes in higher education. As a result, focusing attention on overall participation rates amounts to examining the tip of the iceberg. It’s equally important to understand how student engagement (including HIP participation) varies within your institution. The table on page 8 provides an initial look at how HIP participation varies by selected student characteristics. The Report Builder—Institution Version and your Major Field Report (both to be released in the fall) offer further perspectives on internal variation and can help you investigate your students’ HIP participation in depth.

NSSE 2016 High-Impact Practices Participation Comparisons
University of Nebraska at Lincoln

Overall HIP Participation
The figures below display the percentage of students who participated in High-Impact Practices. Both figures include participation in a learning community, service-learning, and research with faculty. The Senior figure also includes participation in an internship or field experience, study abroad, and culminating senior experience. The first segment in each bar shows the percentage of students who participated in at least two HIPs, and the full bar (both colors) represents the percentage who participated in at least one.

Statistical Comparisons
The table below compares the percentage of your students who participated in a High-Impact Practice, including the percentage who participated overall (at least one, two or more), with those at institutions in your comparison groups.

<table>
<thead>
<tr>
<th>Effect size a</th>
<th>UNL</th>
<th>Big10 &amp; Regent's</th>
<th>Carnegie Class</th>
<th>&gt;10k,plains, pub.,doc</th>
</tr>
</thead>
<tbody>
<tr>
<td>First-year</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>11c. Learning Community</td>
<td>18%</td>
<td>45%</td>
<td>13%</td>
<td>23%</td>
</tr>
<tr>
<td>12. Service-Learning</td>
<td>14%</td>
<td>41%</td>
<td>23%</td>
<td>26%</td>
</tr>
<tr>
<td>11e. Research with Faculty</td>
<td>18%</td>
<td>44%</td>
<td>20%</td>
<td>20%</td>
</tr>
<tr>
<td>Participated in at least one</td>
<td>18%</td>
<td>44%</td>
<td>20%</td>
<td>20%</td>
</tr>
<tr>
<td>Participated in two or more</td>
<td>18%</td>
<td>44%</td>
<td>20%</td>
<td>20%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Effect size a</th>
<th>UNL</th>
<th>Big10 &amp; Regent's</th>
<th>Carnegie Class</th>
<th>&gt;10k,plains, pub.,doc</th>
</tr>
</thead>
<tbody>
<tr>
<td>Senior</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>11c. Learning Community</td>
<td>23</td>
<td>26 *</td>
<td>-0.08</td>
<td>25</td>
</tr>
<tr>
<td>12. Service-Learning</td>
<td>56</td>
<td>49 ***</td>
<td>-0.14</td>
<td>52 *</td>
</tr>
<tr>
<td>11e. Research with Faculty</td>
<td>26</td>
<td>30 *</td>
<td>-0.09</td>
<td>27</td>
</tr>
<tr>
<td>11a. Internship or Field Exp.</td>
<td>59</td>
<td>62</td>
<td>-0.07</td>
<td>54 *</td>
</tr>
<tr>
<td>11d. Study Abroad</td>
<td>19</td>
<td>21</td>
<td>-0.04</td>
<td>17</td>
</tr>
<tr>
<td>11f. Culminating Senior Exp.</td>
<td>60</td>
<td>44 ***</td>
<td>-0.32</td>
<td>45 ***</td>
</tr>
<tr>
<td>Participated in at least one</td>
<td>91</td>
<td>89</td>
<td>0.07</td>
<td>86 ***</td>
</tr>
<tr>
<td>Participated in two or more</td>
<td>71</td>
<td>67 *</td>
<td>0.09</td>
<td>62 ***</td>
</tr>
</tbody>
</table>

Note. Percentage of students who responded "Done or in progress" except for service-learning which is the percentage who responded that at least "Some courses included a community-based project.

a. Cohen's $h$: The standardized difference between two proportions. Effect size indicates the practical importance of an observed difference. NSSE research finds for service-learning, internships, study abroad, and culminating senior experiences, an effect size of about .2 may be considered small, .5 medium, and .8 large.

For learning community and research with faculty, an effect size of about .1 may be considered small, .3 medium, and .5 large (Rocconi & Gonyea, 2015).

* $p < .05$, **$p < .01$, ***$p < .001$ (z-test comparing participation rates).

Note. All results weighted by institution-reported sex and enrollment status (and by institution size for comparison groups).

First-year Students

The figures below display further details about each High-Impact Practice for your first-year students and those of your comparison groups.

Learning Community

Which of the following have you done or do you plan to do before you graduate?

Participate in a learning community or some other formal program where groups of students take two or more classes together.

Service-Learning

About how many of your courses at this institution have included a community-based project (service-learning)?

Research with a Faculty Member

Which of the following have you done or do you plan to do before you graduate?

Work with a faculty member on a research project.

Note: Results weighted by institution-reported sex and enrollment status (and institutional size for comparison groups).
Seniors

The figures below display further details about each High-Impact Practice for your seniors and those of your comparison groups.

**Learning Community**

*Which of the following have you done or do you plan to do before you graduate?*

Participate in a learning community or some other formal program where groups of students take two or more classes together.

**Service-Learning**

*About how many of your courses at this institution have included a community-based project (service-learning)?*

**Research with a Faculty Member**

*Which of the following have you done or do you plan to do before you graduate?*

Work with a faculty member on a research project.

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**Note:** Results weighted by institution-reported sex and enrollment status (and institutional size for comparison groups).
Seniors (continued)
The figures below display further details about each High-Impact Practice for your seniors and those of your comparison groups.

**Internship or Field Experience**
*Which of the following have you done or do you plan to do before you graduate?*

Participate in an internship, co-op, field experience, student teaching, or clinical placement.

<table>
<thead>
<tr>
<th>Practice</th>
<th>UNL</th>
<th>Big10 &amp; Regent’s</th>
<th>Carnegie Class</th>
<th>&gt;10k, plains, pub., doc</th>
</tr>
</thead>
<tbody>
<tr>
<td>Completed or planned</td>
<td>59%</td>
<td>62%</td>
<td>54%</td>
<td>57%</td>
</tr>
<tr>
<td>Have not decided</td>
<td>22%</td>
<td>19%</td>
<td>23%</td>
<td>22%</td>
</tr>
<tr>
<td>Do not plan to do</td>
<td>5%</td>
<td>5%</td>
<td>7%</td>
<td>6%</td>
</tr>
<tr>
<td>Total</td>
<td>100%</td>
<td>100%</td>
<td>100%</td>
<td>100%</td>
</tr>
</tbody>
</table>

**Study Abroad**
*Which of the following have you done or do you plan to do before you graduate?*

Participate in a study abroad program.

<table>
<thead>
<tr>
<th>Practice</th>
<th>UNL</th>
<th>Big10 &amp; Regent’s</th>
<th>Carnegie Class</th>
<th>&gt;10k, plains, pub., doc</th>
</tr>
</thead>
<tbody>
<tr>
<td>Completed or planned</td>
<td>19%</td>
<td>21%</td>
<td>17%</td>
<td>16%</td>
</tr>
<tr>
<td>Have not decided</td>
<td>6%</td>
<td>7%</td>
<td>8%</td>
<td>7%</td>
</tr>
<tr>
<td>Do not plan to do</td>
<td>9%</td>
<td>7%</td>
<td>10%</td>
<td>10%</td>
</tr>
<tr>
<td>Total</td>
<td>100%</td>
<td>100%</td>
<td>100%</td>
<td>100%</td>
</tr>
</tbody>
</table>

**Culminating Senior Experience**
*Which of the following have you done or do you plan to do before you graduate?*

Complete a culminating senior experience (capstone course, senior project or thesis, comprehensive exam, portfolio, etc.).

<table>
<thead>
<tr>
<th>Practice</th>
<th>UNL</th>
<th>Big10 &amp; Regent’s</th>
<th>Carnegie Class</th>
<th>&gt;10k, plains, pub., doc</th>
</tr>
</thead>
<tbody>
<tr>
<td>Completed or planned</td>
<td>60%</td>
<td>44%</td>
<td>45%</td>
<td>48%</td>
</tr>
<tr>
<td>Have not decided</td>
<td>22%</td>
<td>19%</td>
<td>23%</td>
<td>26%</td>
</tr>
<tr>
<td>Do not plan to do</td>
<td>6%</td>
<td>7%</td>
<td>8%</td>
<td>7%</td>
</tr>
<tr>
<td>Total</td>
<td>100%</td>
<td>100%</td>
<td>100%</td>
<td>100%</td>
</tr>
</tbody>
</table>

Note: Results weighted by institution-reported sex and enrollment status (and institutional size for comparison groups).
The table below displays the percentage of your students who participated in each HIP by selected student characteristics. Examining participation rates for different groups offers insight into how engagement varies within your student population.

### Participation in High-Impact Practices by Student Characteristics

- **Sex**:
  - Female: 30% for Learning, 46% for Community, 6% for Research with Faculty, and 27% for Internship or Field Experience.
  - Male: 28% for Learning, 54% for Community, 4% for Research with Faculty, and 19% for Internship or Field Experience.

- **Race/ethnicity or international**:
  - American Indian or Alaska Native: —
  - Asian: 27% for Learning, 68% for Community, 7% for Research with Faculty, and 30% for Internship or Field Experience.
  - Black or African American: 53% for Learning, 48% for Community, 10% for Research with Faculty, and 37% for Internship or Field Experience.
  - Hispanic or Latino: 32% for Learning, 62% for Community, 3% for Research with Faculty, and 19% for Internship or Field Experience.
  - Native Hawaiian/Other Pac. Islander: —
  - White: 30% for Learning, 44% for Community, 5% for Research with Faculty, and 23% for Internship or Field Experience.
  - Other: —
  - Foreign or nonresident alien: 17% for Learning, 80% for Community, 10% for Research with Faculty, and 15% for Internship or Field Experience.
  - Two or more races/ethnicities: 52% for Learning, 53% for Community, 5% for Research with Faculty, and 43% for Internship or Field Experience.

- **Age**:
  - Traditional (FY < 21, Seniors < 25): 33% for Learning, 48% for Community, 5% for Research with Faculty, and 27% for Internship or Field Experience.
  - Nontraditional (FY 21+, Seniors 25+): 6% for Learning, 59% for Community, 10% for Research with Faculty, and 9% for Internship or Field Experience.

- **First-generation**
  - Not first-generation: 28% for Learning, 49% for Community, 5% for Research with Faculty, and 24% for Internship or Field Experience.
  - First-generation: 35% for Learning, 49% for Community, 5% for Research with Faculty, and 24% for Internship or Field Experience.

- **Enrollment status**
  - Not full-time: 13% for Learning, 40% for Community, 10% for Research with Faculty, and 18% for Internship or Field Experience.
  - Full-time: 30% for Learning, 50% for Community, 5% for Research with Faculty, and 24% for Internship or Field Experience.

- **Residence**
  - Living off campus: 15% for Learning, 54% for Community, 5% for Research with Faculty, and 23% for Internship or Field Experience.
  - Living on campus: 35% for Learning, 48% for Community, 5% for Research with Faculty, and 31% for Internship or Field Experience.

- **Major category**
  - Arts & humanities: 27% for Learning, 51% for Community, 2% for Research with Faculty, and 21% for Internship or Field Experience.
  - Biological sciences, agriculture, natural res.: 32% for Learning, 45% for Community, 8% for Research with Faculty, and 17% for Internship or Field Experience.
  - Physical sciences, math, computer science: 27% for Learning, 36% for Community, 5% for Research with Faculty, and 28% for Internship or Field Experience.
  - Social sciences: 34% for Learning, 49% for Community, 10% for Research with Faculty, and 19% for Internship or Field Experience.
  - Business: 31% for Learning, 51% for Community, 6% for Research with Faculty, and 20% for Internship or Field Experience.
  - Communications, media, public relations: 27% for Learning, 46% for Community, 5% for Research with Faculty, and 20% for Internship or Field Experience.
  - Education: 30% for Learning, 51% for Community, 1% for Research with Faculty, and 47% for Internship or Field Experience.
  - Engineering: 35% for Learning, 67% for Community, 3% for Research with Faculty, and 22% for Internship or Field Experience.
  - Health professions: 27% for Learning, 45% for Community, 3% for Research with Faculty, and 36% for Internship or Field Experience.
  - Social service professions: 27% for Learning, 50% for Community, 0% for Research with Faculty, and 27% for Internship or Field Experience.
  - Undecided/undeclared: 48% for Learning, 45% for Community, 3% for Research with Faculty, and 48% for Internship or Field Experience.

### Notes
- **Sex**: Institution-reported variable.
- **First-generation**: Neither parent holds a bachelor's degree.
- **Major category**: These are NSSE's default related-major categories, based on first major if more than one was reported. Institution-customized major categories will be included on the Major Field Report, to be released in the fall. Excludes majors categorized as "all other."