

Exhibit 1. The time clock format used to collect time-budget information

UNITED STATES DEPARTMENT OF AGRICULTURE
 BUREAU OF HOME ECONOMICS
 WASHINGTON, D.C.

**DAILY TIME RECORD
 OF HOMEMAKER**

Name

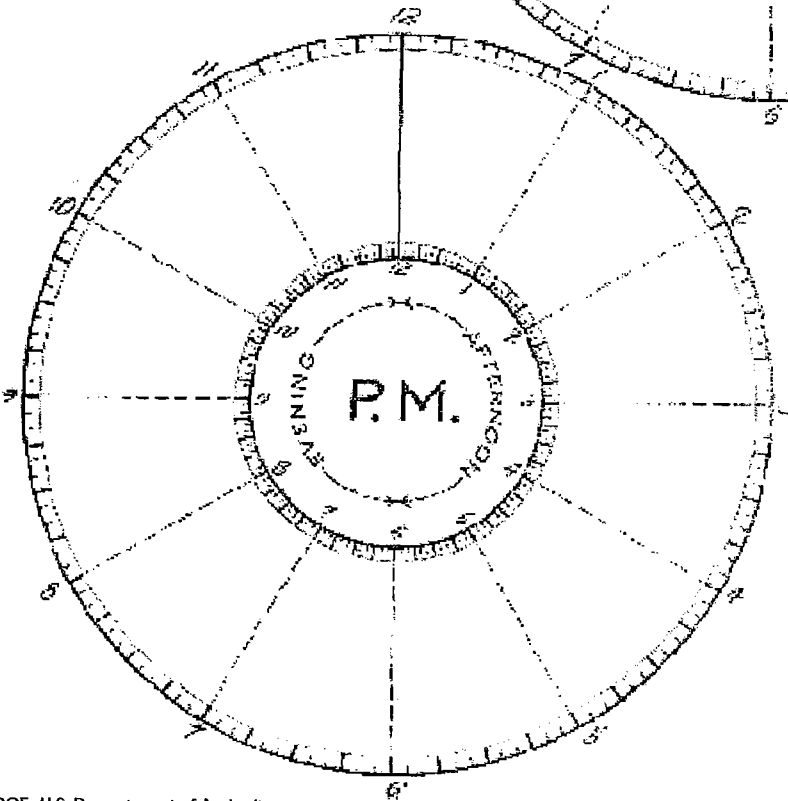
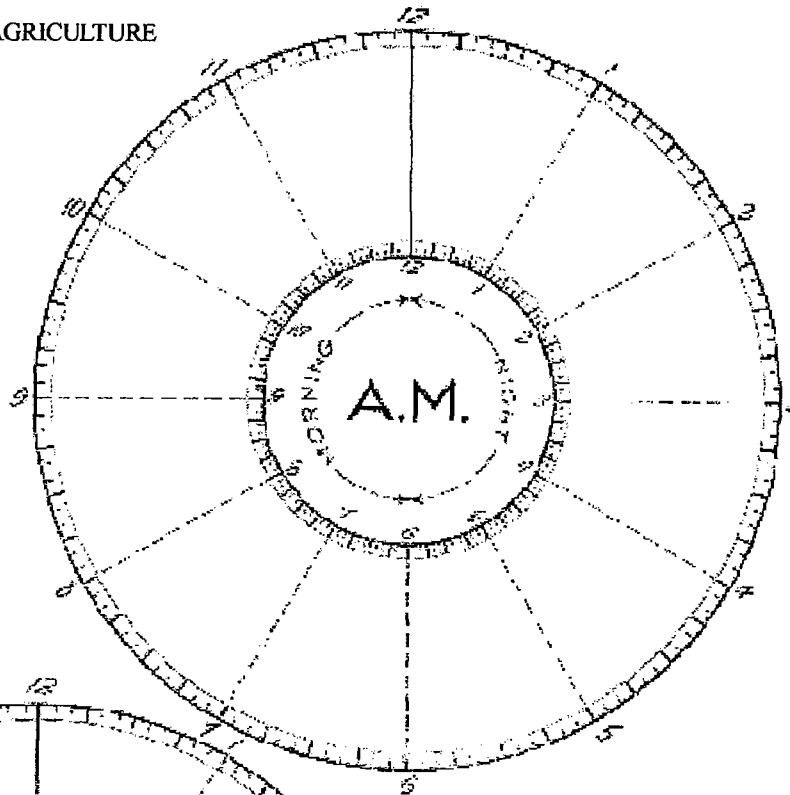
Address

Day of week

Date, 192

Each small space between the hours on the "clock" represents five minutes. Begin this day's record by drawing a line on "A. M. clock" from outer to inner circles at time of arising. At end of time given to the next activity draw another line, and in space between lines describe this activity. Continue in this way changing to "P. M. clock" at noon and accounting for all of the 24 hours of the day.

Read separate "Instructions" carefully before beginning record.



NUMBER OF PERSONS

	Lodging	At meals (including lunches—put up)		
		Breakfast	Dinner	Lunch or supper
Family				
Guests				
Boarders and roomers				
Household help				
Farm help				
TOTAL				

NOTES

SOURCE: U.S. Department of Agriculture.